

CURRICULUM VITAE



A. BUTIR-BUTIR PERIBADI (Personal Details)			
Nama Penuh (<i>Full Name</i>)	CHEW BOON HOW		Gelaran (<i>Title</i>): DR
No. MyKad / No. Pasport (<i>Mykad No. / Passport No.</i>)	Warganegara (<i>Citizenship</i>) MALAYSIA	Bangsa (<i>Race</i>) CHINESE	Jantina (<i>Gender</i>) MALE
Jawatan (<i>Designation</i>)	SENIOR LECTURER	Tarikh Lahir (<i>Date of Birth</i>)	28-09-1973
MyGRANTS ID	16565	Scopus Author ID	39161012600
Research ID	B-2385-2010	ORCID ID	0000-0002-8627-6248
Google Scholar	http://scholar.google.nl/citations?user=GFZ9z5gAAAAJ&hl=en&oi=ao		

Alamat Semasa (<i>Current Address</i>)	Jabatan/Fakulti (<i>Department/Faculty</i>)	E-mel dan URL (<i>E-mail Address and URL</i>)
	Department Of Family Medicine, Faculty of Medicine and Health Sciences, Tel: 03-89472538 Fax:03-89450151	E-mail: chewboonhow@upm.edu.my E-mail: chewboonhow@gmail.com URL: http://profile.upm.edu.my/chewboonhow URL: http://upm.academia.edu/ChewBoonHow URL: https://www.linkedin.com/pub/chew-boon-how/6/51b/801

B. KELAYAKAN AKADEMIK(Academic Qualification)			
Nama Sijil / Kelayakan (<i>Certificate / Qualification obtained</i>)	Nama Sekolah/Institusi (<i>Name of School / Institution</i>)	Tahun (<i>Year obtained</i>)	Bidang Pengkhususan (<i>Area of Specialization</i>)
MASTER DEGREE	UNIVERSITY MALAYA (UM)	2007	FAMILY MEDICINE
DEGREE	UNIVERSITY SCIENCE MALAYSIA (USM)	1999	MEDICINE

C. KEMAHIRAN BAHASA (Language Proficiency)					
Bahasa / <i>Language</i>	Lemah <i>Poor (1)</i>	Sederhana <i>Moderate (2)</i>	Baik <i>Good (3)</i>	AmatBaik <i>Very good (4)</i>	Cemerlang <i>Excellent (5)</i>
English					√
BahasaMelayu				√	
Chinese			√		
Lain-lain (<i>other</i>):					

D. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN (Scientific experience and Specializations)				
<i>Organization</i>	<i>Position</i>	<i>Start Date</i>	<i>End Date</i>	<i>Expertise</i>
Klinik Kesihatan Tapah, Perak	Family Medicine Specialist	20 Nov 2007	31 June 2009	Family Medicine
CRC	GCP Certified	9 July 2008	-	Good Clinical Practice

E. Pekerjaan (Employment)				
Majikan / Employer	Jawatan / Designation	Jabatan / Department	Tarikh Lantikan / Start Date	Tarikh Tamat / Date Ended
Ministry Of Health	Family Medicine Specialist	Klinik Kesihatan Tapah, Perak	20 Nov 2007	31 June 2009
Ministry Of Health	Medical Officer And Family Medicine Specialty Trainee	Primary Care Department, University Malaya Medical Centre (Ummc)	December 2004	December 2007
Ministry Of Health	Medical Officer And Family Medicine Specialty Trainee	Kelana Jaya Community Polyclinic	June 2006	May 2007
Ministry Of Health	Medical Officer And Family Medicine Specialty Trainee	Hospital Ipoh	June 2003	November 2005
Ministry Of Health Universiti Putra Malaysia (UPM)	Medical Officer Part-Time Tutor For "Pendidikan Jarak Jauh" (Distance Education And Learning) Of	Klinik Kesihatan Kota Samarahan, Sarawak	September 2001	May 2003
Ministry Of Health	Medical Officer	Klinik Kesihatan Tebekang, Sarawak	September 2000	August 2001
Ministry Of Health	House Officer	University Malaya Medical Centre (Ummc)	July 1999	August 2000

F. ANUGERAH DAN HADIAH (Honours and Awards)				
<i>Name of awards</i>	<i>Title</i>	<i>Award Authority</i>	<i>Award Type</i>	<i>Year</i>
<i>Academic Awards</i>	“Best 10 Clinical Researchers’ Award”	Faculty of Medicine & Health Sciences	UPM	2014
	“Best 10 Clinical Researchers’ Award”	Faculty of Medicine & Health Sciences	UPM	2013
	“Best 5 Clinical Researchers’ Award”	Faculty of Medicine & Health Sciences	UPM	2012
	Best poster presentation award	College of Family Physicians, Singapore	In conjunction with the 4th Asia Pacific Primary Care Research Conference	2012
<i>Non-Academic Awards</i>				
<i>Awards of Merit</i>	Excellence in Service Award	JKN PERAK	STATE	2008
	Excellence in Service Award	Universiti Putra Malaysia	UPM	2012

G. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, mukasurat dan tahun diterbitkan) (List of publications – author (s), title, journal, volume, page and year published)	
<i>Journal</i>	<p>2008</p> <hr/> <p>1. Chew Boon How. Medical Relief to 2008 Sichuan Earthquake, China. <i>Malaysian Family Physician</i>. 2008;3(3):170-172. http://www.e-mfp.org/2008v3n3/Medical_relief_to_2008_Sichuan.html [ISSN: 1985-2274; Scopus]</p> <p>2010</p> <hr/> <p>2. Chew Boon How. A Chronic Cough with Multiple Causes [Case Report]. <i>Malaysian Family Physician</i>. 2010;5(2):101-104. http://www.e-mfp.org/2010v5n2/Chronic_cough.html [ISSN: 1985-2274; Scopus]</p> <p>3. BH Chew, I Mastura, AT Cheong, SAR Syed Alwi. Diabetic Hypertensive Control and Treatment: A Descriptive Report from the Malaysian Diabetes Registry. <i>Malaysian Family Physician</i>. 2010;5(3):134-139. http://www.e-mfp.org/2010v5n3/Diabetic_hypertensive.html [ISSN: 1985-2274; Scopus]</p>

2011

4. Mastura Ismail, Chew Boon How (corresponding author), Jamaiah Haniff, Cheong Ai Theng, Sazlina Shariff Ghazali, Zaiton Ahmad, Lee Ping Yein, Syed Alwi Syed Abdul Rahman, Sri Wahyu Taher. Control and Treatment Profiles in Malaysia - A Cross Sectional Survey of 70,889 Adult Type 2 Diabetes Mellitus in 2009. *International Journal of Collaborative Research on Internal Medicine & Public Health*. 2011;3:98-113. <http://www.iomcworld.com/ijcrimph/ijcrimph-v03-n01-10.htm> [ISSN: 1840-4529; Scopus]
5. Chew Boon How, Khoo Ee Ming, Chia Yook Chin. Does religious affiliation influence glycaemic control in primary care patients with Type 2 Diabetes Mellitus? *Ment Health Fam Med*. 2011; 8(1):21-28. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3134210/> [ISSN 1756-834X, Online ISSN: 1756-8358; Scopus, PubMed]
6. Chew BH, E. Khoo EM, Chia YC. Quality of Care for Adult Type 2 Diabetes Mellitus at a University Primary Care Centre in Malaysia. *International Journal of Collaborative Research on Internal Medicine & Public Health*. 2011;3(6):439-449. <http://www.iomcworld.com/ijcrimph/ijcrimph-v03-n06-03.htm> [ISSN: 1840-4529; Scopus]
7. BH Chew, PY Lee, T Sri Wahyu, AT Cheong, I Mastura, A Zaiton. Ethnic Differences in Glycaemic Control and Complications: The Adult Diabetes Control and Management (ADCM), Malaysia. *Med J Malaysia*. 2011;66(3):244-248. http://www.e-mjm.org/2011/v66n3/Glycaemic_control.pdf [ISSN: 0300-5283; Scopus, PubMed]
8. Chew BH, Khoo EM, Chia YC. Social Support and Glycaemic Control in adult patients with Type 2 Diabetes Mellitus. *Asia Pac J Public Health*. 2011 Dec 23. [Epub ahead of print] DOI: 10.1177/1010539511431300. <http://aph.sagepub.com/content/early/2011/12/20/1010539511431300.abstract> [ISSN: 1010-5395; ISI impact factor 1.056 Q3]

2012

9. Chew, B.H. , Palikat, J.M., Nur Syamimi, A., Nor Azillah, A., See, J.K., Hafiz, A.R., Siti Nazira, A., Aienun, Y., Muhamad Zaid, M., Palaniappan, K., Tan, Y.Y. An Audit of Type 2 Diabetes Care in a Malaysian Public Community Polyclinic. *Pertanika Journal of Science & Technology*. 2012;20(1):97-103. [http://www.pertanika2.upm.edu.my/Pertanika%20PAPERS/JST%20Vol.%2020%20\(1\)%20Jan.%202012/14%20Pg%2097-102.pdf](http://www.pertanika2.upm.edu.my/Pertanika%20PAPERS/JST%20Vol.%2020%20(1)%20Jan.%202012/14%20Pg%2097-102.pdf) [ISSN: 0128-76804; Scopus]
10. AT Cheong, A Zaiton, BH Chew. Metabolic Control and Cardiovascular Risks Among Type 2 Diabetes in a Primary Care Clinic. *Malaysian Journal of Medicine and Health Sciences*. 2012;8(1):5-12. <http://www.medic.upm.edu.my/index.php/en/journal/297-vol-8-no-1-june-2012> [ISSN: 1675-8544; Scopus]
11. Boon How Chew, Mastura Ismail, Ping Yein Lee, Sri Wahyu Taher, Haniff Jamaiah, Mustapha Feisul Idzwan, Mohd Adam. Determinants of uncontrolled dyslipidaemia among adult type 2 diabetes in Malaysia: The Malaysian Diabetes Registry 2009. *Diabetes Res Clin Pract*. 2012;

96(3):339-347. DOI: 10.1016/j.diabres.2012.01.017.

<http://www.sciencedirect.com/science/article/pii/S0168822712000393> [ISSN: 0168-8227; ISI impact factor 2.741 Q2]

12. BH Chew, I Mastura, SG Sazlina, PY Lee, AT Cheong, A Zaiton, T Sri Wahyu, H Jamaiyah, M Feisul Idzwan, MA Bujang. Determinants of Uncontrolled Hypertension in Adult Type 2 Diabetes Mellitus in Malaysia: The Malaysian Diabetes Registry 2009. *Cardiovasc Diabetol.* 2012; 11: 54. DOI: 10.1186/1475-2840-11-54. <http://www.cardiab.com/content/pdf/1475-2840-11-54.pdf> [ISSN: 1475-2840; 2012 ISI impact factor 4.209 Q2]
13. Boon-How Chew, Ai-Theng Cheong, Zaiton Ahmad, Mastura Ismail. Men were suffering more macrovascular complication of diabetes despite similar glycaemic control and better cardiovascular risk profile: the ADCM study 2008. *J Mens health.* 2012; 9(3):190-197. <http://dx.doi.org/10.1016/j.jomh.2012.02.004> [ISSN: 1875-6867; 2012 ISI impact factor 0.484 Q4]
14. Chew B H, Leslie Than T L, Chew K S, Jamaludin N K, Hassan H. A One Month Review of the Types of Medical Emergencies and their Treatment Outcomes at Two Urban Public Health Clinics. *Med J Malaysia.* 2012; 67 (6): 571-576. <http://www.e-mjm.org/2012/v67n6/medical-emergencies.pdf> [ISSN: 0300-5283; Scopus, PubMed]

2013

15. Chew BH, Cheong AT. Assessing HIV/AIDS Knowledge And Stigmatizing Attitudes Among Medical Students In Universiti Putra Malaysia- A Cross-Sectional Study. *Med J Malaysia.* 2013; 68(1):24-29. <http://www.e-mjm.org/2013/v68n1/knowledge-on-HIV-AIDS.pdf> [ISSN: 0300-5283; Scopus, PubMed]
16. Chew Boon How, Sri Wahyu Taher. Primary care for cancers at diagnosis and follow-up: a narrative review. *Family Medicine and Community Health.* 2013; 1(1):56-67. http://www.fmch.cc/data/2013/03/05/d6bf4d35_de6d_4c3f_afa1_41df34550e0c/file/Primary%20%20care%20for%20cancers%20at%20diagnosis%20and%20follow-up%20a%20narrative%20review.pdf [ISSN: 2305-6983]
17. BH Chew, SG Sazlina, I Mastura, H Jamaiyah, MA Bujang. Age \geq 60 years was an independent risk factor for diabetes-related complications despite good control of cardiovascular risk factors in patients with Type 2 Diabetes Mellitus. *Exp Gerontol.* 2013; 48(5): 485-491. DOI: 10.1016/j.exger.2013.02.017. <http://dx.doi.org/10.1016/j.exger.2013.02.017> [ISSN: 0531-5565; 2012 ISI impact factor 3.911 Q1]
18. Chew Boon How, Azhar Md. Zain, Faezah Hassan. Emotional Intelligence is related to Better Academic Performance in the First and Fifth Years Medical Students. *BMC Medical Education.* 2013; 13:44. doi:10.1186/1472-6920-13-44 <http://www.biomedcentral.com/1472-6920/13/44> [ISSN: 1472-6920; 2012 ISI impact factor 1.409 Q2]
19. PY Lee, AT Cheong, A Zaiton, I Mastura, BH Chew, SG Sazlina, B Mohamad Adam, SAR Syed Alwi, H Jamaiyah, T Sri Wahyu. Does Ethnicity Contribute To The Control of Cardiovascular Risk Factors Among Patients with Type 2 Diabetes? *Asia Pac J Public Health.* 2013; 25(4): 316-325. DOI: 10.1177/1010539511430521. <http://aph.sagepub.com/content/25/4/316.full.pdf+html> [ISSN: 1010-5395; ISI impact factor 1.056 Q3]
20. CJ Ng, PY Lee, YK Lee, BH Chew, Julia, Irmu I, Hanafi NS, SF Tong. An overview of patient involvement in healthcare decision-making: a situational analysis of the Malaysian context. *BMC*

Health Services Research. 2013; 13:408. DOI: 10.1186/1472-6963-13-408. [ISSN: 1472-6963; ISI impact factor 1.77 Q2] <http://www.biomedcentral.com/1472-6963/13/408>

21. Boon-How Chew, Anis Safura Ramli, Mimi Omar, Irmis Zarina Ismail. Preliminary Study of Job Satisfaction and Motivation of Malaysian Primary Healthcare Professionals- A Cross-sectional Study. *Malaysian Family Physician*. 2013; 8(2): 15-25. <http://www.e-mfp.org/2013v8n2/family-physicians-job-satisfaction.pdf> [ISSN: 1985-2274; Scopus]
22. Ai Theng Cheong, Ping Yein Lee, Shariff-Ghazali Sazlina, Bujang Mohamad Adam, Boon How Chew, Ismail Mastura, Haniff Jamaiyah, Syed-Abdul-Rahman Syed Alwi, Taher Sri Wahyu and Mat-Nasir Nafiza. Poor glycaemic control in younger women attending Malaysian public primary care clinics: findings from Adults Diabetes Control and Management registry. *BMC Family Practice*. 2013, 14:188. DOI: 10.1186/10.1186/1471-2296-14-188. <http://www.biomedcentral.com/1471-2296/14/188> [ISSN: 1471-2296; ISI impact factor 1.61 Q2]
23. BH Chew, SG Sazlina, PY Lee, AT Cheong, I Mastura, H Jamaiyah, MA Bujang, T Sri Wahyu, M Feisul Idzwan. Type 2 Diabetes Mellitus Patient Profiles, Diseases Control and Complications at Four Public Health Facilities- A Cross-sectional Study based on the Adult Diabetes Control and Management (ADCM) Registry 2009. *Med J Malaysia*. 2013; 68 (5): 397-404. <http://www.e-mjm.org/2013/v68n5/type-2-diabetes-mellitus.pdf> [ISSN: 0300-5283; Scopus, PubMed]
24. BH Chew, I Mastura, MA Bujang. Comparing the Profiles of Adult Patients with Type 2 Diabetes Mellitus Attending Four Public Healthcare Facilities in Malaysia. *Malaysian Family Physician*. 2013;8(1):11-19. <http://www.e-mfp.org/pdf/2013v8n3/type-2-diabetes-mellitus.pdf> [ISSN: 1985-2274; Scopus]

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25. Chew Boon How (Chew BH), Lee Ping Yein (Lee PY), Mastura Ismail (Mastura I), Cheong Ai Theng (Cheong AT), Sri Wahyu Taher (Sri Wahyu T), Zaiton Ahmad (Zaiton A). Glycaemic Control and Treatment Profile amongst 20646 Type 2 Diabetes. *ePertanika-JST*. 2014; 22(1): 95-103. [ISSN: 0128-76804; Scopus]
26. Sazlina Shariff, Mastura Ismail, Zaiton Ahmad, Cheong Ai Theng, Adam Mohamad Bujang, Jamaiyah Haniff, Lee Ping Yein, Syed Alwi Syed Abdul Rahman, Chew Boon How, Sri Wahyu Taher. Control of glycemia and other cardiovascular disease risk factors in older adults with type 2 diabetes mellitus: Data from the Adult Diabetes Control and Management. *Geriatr Gerontol Int*. 2014 Jan;14(1):130-7. DOI: 10.1111/ggi.12070. <http://onlinelibrary.wiley.com/doi/10.1111/ggi.12070/pdf> [ISSN: 1447-0594; 2012 ISI impact factor 2.164 Q2 (Gerontology)]
27. **Boon-How Chew** and Sri-Wahyu Taher. Primary Care for Cancers: Epidemiology, Causes, Prevention and Classification- A Narrative Review. *J Family Med Community Health* 2014; 1(1): 1002. <http://www.jscimedcentral.com/FamilyMedicine/familymedicine-1-1002.pdf>
28. Chew Boon How, Azhar Md. Zain, Faezah Hassan. The Relationship Between The Social Management Of Emotional Intelligence And Academic Performance Among Medical Students. *Psychol Health Med*. 2014:1-7. DOI: 10.1080/13548506.2014.913797. <http://www.tandfonline.com/doi/full/10.1080/13548506.2014.913797> [ISSN: 1354-8506 (Print), 1465-3966 (Online); 2012 ISI impact factor 1.375 Q3]
29. **Chew BH**, Cheong AT, Mastura I, Zuhra H, Mohd Radzniwan AR, Mazapuspavina MY, Norsiah A. A National Survey on the Expectation of the Public Healthcare Providers on Family Medicine Specialists in Malaysia- A Qualitative Analyses of 623 Written Comments. *BMJ Open*. 2014.

	<p>http://bmjopen.bmj.com/cgi/content/full/bmjopen-2013-004645?jkey=PIUUFdzaqKWX7tE&keytype=ref [ISSN: 2044-6055; 2012 ISI impact factor 1.583 Q2]</p> <p>30. BH Chew, AT Cheong. Ethnic Groups Difference in Discriminatory Attitude towards HIV/AIDS Patients among Medical Students: A Cross-Sectional Study. <i>Malaysian Journal of Medicine and Health Sciences</i> 2014; 10(1): 61-69. http://www.medic.upm.edu.my/dokumen/FKUSK1_MJMHS_2014V10N1_Artkl_9[1].pdf [ISSN: 1675-8544; Scopus]</p> <p>31. Ramli SA, Lakshmanan S, Haniff J, Selvarajah S, Tong FS, Bujang M-A, Abdul-Razak S, Shafie AA, Lee KMV, Abdul-Rahman HT, Daud HM, Ng KK, Ariffin F, Abdul-Hamid H, Mazapuspavina MY, Mat-Nasir N, Miskan M, Stanley-Ponniah PJ, Ismail M, Chan WC, Abdul-Rahman RY, Chew B-H, Low HHW. Study protocol of EMPOWER Participatory Action Research (EMPOWER-PAR): a pragmatic cluster randomised controlled trial of multifaceted chronic disease management strategies to improve diabetes and hypertension outcomes in primary care. <i>BMC Family Practice</i> 2014; 15:151. DOI: 10.1186/1471-2296-15-151. http://www.biomedcentral.com/1471-2296/15/151 [ISSN: 1471-2296; 2013 ISI impact factor 1.735 Q2 (Primary Health Care)]</p> <p>32. Chew Boon How, Lee Ping Yein, Irmi Zarina Hassan. "Personal Mission Statement": Medical Students' and General Practitioners' Reflections on Personal Belief, Value, Purpose and Goal in Life. <i>Malaysian Family Physician</i> 2014. [In Press] [ISSN: 1985-2274; Scopus]</p> <p>33. Shariff-Ghazali Sazlina, Ismail Mastura, Ai-Theng Cheong, Bujang-Mohamad Adam, Haniff Jamaiyah, Ping-Yein Lee, Syed-Abdul-Rahman Syed-Alwi, Boon-How Chew. Predictors of poor glycaemic control in older persons with type 2 diabetes mellitus. <i>Singap Med J</i> 2014. [Accepted] [ISSN: 0037-5675; 2012 ISI impact factor 0.63 Q3]</p>
<p>Books/ Monographs</p>	<ol style="list-style-type: none"> 1. Chew Boon How. Religions and Religiosity on Type 2 Diabetes Mellitus in Primary Care: The Effect of Religions & Religiosity on the Control of T2D Using the Beliefs and Value Scale. LAP LAMBERT Academic Publishing, Germany. November 23, 2012. ISBN: 3838371496; ISBN-13: 978-3838371498. 2. (Under editorial review- UPM Press) Chew Boon How, Cheong Ai Theng, Sazlina Shariff-Ghazali. An Introduction to Family Medicine And Its Essential Skills in Primary Medical Care. 3. Zaiton Ahmad, Cheong Ai Theng, Chew Boon How, Sri WahyuTaher, Mohd Fozi Kamarudin. Chapter Two: Clinical Presentation Upon Complications. Wan Mohamad WB, Mastura I, Jamaiyah S (Eds). Diabetes Registry Malaysia: Report of An Audit Of Diabetes Control and Management (January-December 2009), Kuala Lumpur. 2010. 4. Cheong Ai Theng, Zaiton Ahmad, Chew Boon How, Sri WahyuTaher, MohdFoziKamarudin. Chapter Two: Clinical Presentation Upon Complications. Wan Mohamad WB, Mastura I (Eds). Diabetes Registry Malaysia: Preliminary Report of An Audit Of Diabetes Control and Management (July-December 2008), Kuala Lumpur. 2010. 5. S. Satwant, BH Chew. The Third National Morbidity and Health Survey 2006 (NHMS III) Perak: Asthma (Children).

<p><i>Chapter in book</i></p>	<ol style="list-style-type: none"> 1. Chew B.H, Fatanah I, Noridah M.S, Ramli A.S, ZilFalillah M.S. National Healthcare Establishments & Workforce Statistics (Primary Care) 2008-2009. Chapter 4: Primary Care Services in Malaysia. The National Healthcare Statistics Initiative (NHSI). Clinical Research Centre, National Institute of Health, Malaysia. March 2011. ISSN: 2231-7899. 2. Chew B.H, Fatanah I, Noridah M.S, Ramli A.S, ZilFalillah M.S. National Healthcare Establishments & Workforce Statistics (Primary Care) 2008-2009. Chapter 5: Primary Care Facilities in Malaysia. The National Healthcare Statistics Initiative (NHSI). Clinical Research Centre, National Institute of Health, Malaysia. March 2011. ISSN: 2231-7899. 3. Report of An Audit of Diabetes Control and Management (DRM-ADCM) January – December 2009. Cheong Ai Theng, Zaiton Ahmad, Chew Boon How, Sri Wahyu Taher, Mohd Fozi Kamarudin. Chapter Two: Clinical Presentation At Complications. Clinical Research Centre, Ministry of Health, Malaysia, Kuala Lumpur 2011. 4. Fatanah I, Chew BH, Mimi O, Mohd AY, Sheamini S. National Healthcare Establishments & Workforce Statistics (Primary Care) 2010. Chapter 3: Primary Care Facilities in Malaysia. Clinical Research Centre, National Institute of Health, Malaysia. 2012. [In Press] 5. Fatanah I, Chew BH, Mimi O, Sheamini S. National Healthcare Establishments & Workforce Statistics (Primary Care) 2010. Chapter 4: Primary Care Services in Malaysia. Clinical Research Centre, National Institute of Health, Malaysia. 2012. [In Press]
<p><i>Proceedings</i></p>	<p>2008</p> <hr/> <ol style="list-style-type: none"> 1. Boon How CHEW, Ee Meng KHOO and Yook Chin CHIA. Do Religiosity and Religions Affect the Control of Type 2 Diabetes Mellitus. Metabolic Disorder: An Approach to Healthy Living. Fourth Malaysian Conference & Exhibition on Healthy Aging Scientific Meeting 28th-30th March 2008. Berjaya Times Square Hotel & Convention Center Kuala Lumpur. [Proceedings-Poster Presentation]. 2. Chew Boon How, Chia Yook Chin. Type 2 Diabetes Mellitus Control and Complications in Primary Care Department of University Malaya Medical Centre. 12th NHAM Annual Scientific Meeting 2008. 4th-6th April. [Proceedings-oral presentation]. 3. Chew BH, Chia YC, Khoo EM: The Control of Type 2 Diabetes and its Complications in a Primary Care Centre in Malaysia. The Singapore Disease Management Conference 2008 & 1st International Conference On Healthcare Transformation 2008: Primary Care Focus. 8-11th May 2008. Suntec Convention Centre, Singapore. [abstract] [Proceedings-oral presentation]. <i>AAMS</i>. 2008; 37(5):s11. 4. Chew BH, Khoo EM, Chia YC: Do Religiosity and Religions Affect the Control of Type 2 Diabetes Mellitus. The Singapore Disease Management Conference 2008 & 1st International Conference On Healthcare Transformation 2008: Primary Care Focus. 8-11th May 2008. Suntec Convention Centre, Singapore. [abstract]. <i>AAMS</i>. 2008; 37(5):s60. 5. Chew Boon How. Social Support and the Control of Type 2 Diabetes in a Primary Care Centre in

Malaysia. Primary Healthcare-Bridging the Gap towards a Better Future. 12th Malaysian FMS Scientific Meeting 13-16 August 2008. Zone Regency Hotel, Johor Bahru. [Proceedings-oral presentation].

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6. **Dr Chew Boon How**. Smoking Status of Clients Visiting Tapah Community Polyclinic-A Cross-sectional Survey [abstract]. *Malaysian Journal of Public Health Medicine*. 2009;9(s1):pp26.
7. **Chew Boon How**. Management of Uncomplicated Hypertension by Medical Officers in Health Clinics [abstract]. *Malaysian Family Physician*. 2009;4(1):pp35-36.
8. **Chew Boon How**. Primary Healthcare Services in the District of Batang Badang, Perak- Perspective of the Healthcare Providers [abstract]. *Malaysian Family Physician*. 2009;4(1):pp40.
9. **BH Chew**, AT Cheong, A Zaiton et. al. A Report on Disease Control: The Malaysian Diabetes Registry. Asia-Pacific Primary Care Research Conference 2009. 5-6th December 2009. City Bayview Hotel, Malacca. [Proceedings-poster presentation]. *Malaysian Family Physician*. 2009;4(2):pp53-54.
10. **BH Chew**, AT Cheong, A Zaiton et. al. A Report on Diabetes Control and Complications: The Malaysian Diabetes Registry. Asia-Pacific Primary Care Research Conference 2009. 5-6th December 2009. City Bayview Hotel, Malacca. [Proceedings-poster presentation]. *Malaysian Family Physician*. 2009;4(2):pp50.

2010

11. **BH Chew**, PY Lee, I Mastura et al. Control and Treatment Profiles in 20,646 Adult Diabetes. 13th NIH Scientific Meeting. 4th National Conference for Clinical Research 2010: Advancing Medical Research: the next stage 2-4 June 2010. The Royale Chulan Kuala Lumpur. [Proceedings-Poster Presentation]. *Medical journal Malaysia*. 2010;65(suppl A):pp38.
12. **BH Chew**, AT Cheong, A Zaiton, I Mastura: On behalf of the RDM_ADCM (Diabetes Registry Malaysia_Audit Diabetes Control & Management) Steering Committee. Sex Differences in Glycaemic Control and Complications in Malaysian Diabetes Registry. 5th Japan-Asean Conference On Men's Health & Aging- Defining The Future Of Men's Health And Aging. 9-11th July 2010. Le Meridien Hotel, Kota Kinabalu, Sabah, Malaysia. [Proceedings-Poster Presentation].
13. **BH Chew**, PY Lee, I Mastura, H Jamaiyah, AT Cheong, A Zaiton, SAR Syed Alwi, T Sri Wahyu, SG Sazlina, MN Nafiza, M Feisul Idzwan. Control and Treatment Profiles in 70,848 Adult Type 2 Diabetes. 9th Continuing Professional Development (CPD) Series- "Diabetes Asia 2010" Conference & Workshops. 6-10th October 2010. Borneo Convention Centre, Kuching, Sarawak, Malaysia. [Proceedings-Oral Presentation]
14. **Chew Boon How**, Faezah Hassan, Azhar Mohd. Zain. Effect of Medical Student's Emotional Intelligence on Academic Performance. TARC International Conference on Teaching and Learning- "Emerging Trends In Higher Education Learning And Teaching". 18-19th October 2010. One World Hotel, Malaysia. [Proceedings-Poster Presentation]

2011

15. Cheong Ai Theng, **Chew, Boon How**, Lee Kuan Peng, Julia Bt Adam Chua, Walter Lim Yung Chwen. "Knowledge and Stigma on HIV/AIDS Patients among Medical Students at a Public University in Malaysia". 6th Congress of the Asian Medical Education Association: Trends in Medical Education. 23-26th March 2011. International Medical University, Kuala Lumpur. [Proceedings- Oral Presentation]
16. **Chew Boon How**, Maung Maung Aye, Chua Hui Shan, Ameera Ashyila Binti Kamaruzaman, Muhammad Mukmin Bin Abdullah Sukri, Pang Sui Jin. "Significant Factors Affecting Academic Achievement among the First Year Health Sciences Undergraduate at Universiti Putra Malaysia". 6th Congress of the Asian Medical Education Association: Trends in Medical Education. 23-26th March 2011. International Medical University, Kuala Lumpur. [Proceedings- Oral Presentation]
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19. **BH Chew**, AT Cheong. Discriminatory Attitude Towards People Living With Hiv/Aids: Ethnic Differences Amongst The Medical Students. 15th Family Medicine Conference: Primary Care Physician As Effective Gatekeeper. 23-26 June 2011 Royal Bintang Hotel, Seremban. [Proceedings- Poster Presentation]
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21. **Chew Boon How**, Leslie Than Thian Lung, Nor Kasmawati Jamaludin, Haslinda Hassan. Prevalence and treatment outcomes of medical emergency at two public health clinics in Malaysia. 3rd Asia Pacific Primary Care Research Conference 2011. 3-4 December 2011 The Summit Hotel Kuala Lumpur Malaysia. [Proceedings-Poster Presentation]

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22. **Chew Boon How**, Sazlina Shariff-Ghazali, Zaiton Ahmad, Mastura Ismail, Jamaiah Haniff, Mustapha Feisul Idzwan, Mohd Adam Bujang. Risk Factor for Diabetes-related Complications in Patients with Type 2 Diabetes Mellitus in Malaysia. 1st World Congress on Healthy Ageing 19th - 22nd March 2012 at the Kuala Lumpur Convention Centre. [Proceedings- Oral Presentation]

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25. **Chew Boon How**, Mimi Omar, Anis Safura Ramli, Irmis Zarina Ismail. Job Satisfaction and Motivation of Malaysian Primary Health Care Professionals. 16th Malaysian Family Medicine Scientific Conference 2012, July 12-15th 2012 at The Avillion Legacy Hotel, Melaka. [Proceedings-Poster Presentation]
26. **Chew Boon How**, Faezah Hassan, Azhar Md. Zain. Emotionally Intelligent in Social Management is related to Poor Academic Performance in the First and Fifth Years Medical Students in Universiti Putra Malaysia. 16th Malaysian Family Medicine Scientific Conference 2012, July 12-15th 2012 at The Avillion Legacy Hotel, Melaka. [Proceedings-Poster Presentation]
27. **Yee Lin Gan**, Oi Ming Lai, **Boon How Chew**, Kah Hay Yuen, Kalanithi Nesaretnam, Kim Tiu Teng, Kanga Rani Selvaduray, Puvaneswari Meganathan, Ju Yen Fu. Effect of Tocotrienols Supplementation on Platelet Aggregation in Subjects with Metabolic Syndrome. Oils and Fats International Congress (OFIC) 2012, September 11-14th 2012 at the KLCC. [Proceedings-Poster Presentation]
28. **Shuen Yeing Mo**, Kim Tiu Teng, Oi Ming Lai¹, **Boon How Chew**, Kalanithi Nesaretnam. Dry Fractionation of Chemically Intersterified palm Olein Reduces Solid Fat Content. Oils and Fats International Congress (OFIC) 2012, September 11-14th 2012 at the KLCC. [Proceedings-Poster Presentation]
29. **BH Chew**, PY Lee, AT Cheong, **I Mastura**, MA Bujang, H Jamaiyah, PP Goh, T Sri Wahyu. Complication Profiles and Associated Risk Factors in Adult Type 2 Diabetes Mellitus - Analysis of 57780 Patients Record from the ADCM Diabetes Registry. 4th Asia Pacific Primary Care Research Conference 2012, 1st & 2nd December 2012. [Proceedings-Poster Presentation]

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30. **BH Chew**, I Mastura, S Shariff-Ghazali, PY Lee, AT Cheong, H Jamaiyah, PP Goh, T Sri Wahyu. Follow-Up Status In Adult Type 2 Diabetes Mellitus- Experience From A Large Malaysian Cohorts. ATTD 2013 - The 6th International Conference on Advance Technologies & Treatments for Diabetes, February 27 - March 2, 2013 in Paris, France. [Proceedings-Poster Presentation]
31. **Chew Boon How (Chew BH)** Lee Ping Yein (Lee PY) Irmis Zarina Ismail (Irmis-Zarina I). "Personal Mission Statement": Medical Students' and General Practitioners' Reflections on Personal Belief, Value, Purpose and Goal in Life. 1st International Conference - Bioethics & Professional Practice, 8 - 9 May 2013, International Medical University, Bukit Jalil, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]
32. **Mo SY**, Teng KT, Lai OM, **Chew BH** and Kalanithi N. Triacylglycerol structure of dietary fats may affect gut hormones and postprandial lipemia in subjects with type 2 diabetes mellitus. Conference On Non-Communicable Diseases: The Role of Diet and Physical Activity in

Combating NCDs, Theme: Multi-Stakeholders Strategic Partnership, 26-27 March 2013, Renaissance Hotel, Kuala Lumpur. [Proceedings-Poster Presentation]

33. Mo Shuen Yeing; Lai Oi Ming; **Chew Boon How**; Kalanithi Nesaretnam and Teng Kim Tiu. Possible Effects of Triacylglycerol Structure of Dietary Fats on Gut Hormones and Postprandial Lipemia in Subjects with Type 2 Diabetes Mellitus. Malaysian Palm Oil Board International Palm Oil Congress 2013 (PIPOC 2013), 19–22 November 2013, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]
34. **Chew Boon How (Chew BH)** Mazapuspavina Md Yasin (Mazapuspavina MY) Norsiah Ali (Norsiah A) Cheong Ai Theng (Cheong AT) Baizury Bashah (Baizury B) Mastura Ismail (Mastura I) Noridah Mohd Salleh (Noridah MS) Zuhra Hamzah (Zuhra H) Mohd Radzniwan A. Rashid (Mohd Radzniwan AR). Family Medicine Specialists Ethical and Professional Practice as Perceived by Malaysia Public Healthcare Providers. 1st International Conference - Bioethics & Professional Practice, 8 - 9 May 2013, International Medical University, Bukit Jalil, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]
35. **Chew Boon How**, Norsiah Ali, Mohd Radzniwan A. Rashid, Zuhra Hamzah, Mazapuspavina Md Yasin, Cheong Ai Theng, Noridah Mohd Saleh, Baizury Bashah, Mastura Ismail. A National Cross-Sectional Survey On The Perception Of The Malaysian Public Healthcare Providers On Family Medicine Specialists (PERMFAMS) - A Descriptive Report. 17th. Malaysian Family Medicine Scientific Conference 2013: “Millennium Development Goals (MDG) 4, 5 and 6: Are We There Yet?” The Zenith Hotel, Kuantan, Pahang, 04th – 07th July 2013. [Proceedings-Poster Presentation]
36. **Boon-How Chew**, Firdaus Mukhtar, Sherina Mohd-Sidik, Nor-Kasmawati Jamaludin, Fuziah Paimin, Noor-Hasliza Hassan. Relationship of Diabetes Distress, Depression, Medication Adherence and Quality of Life toward Disease Biomarkers among Adult Type 2 Diabetes Mellitus in Primary Care- A cross-sectional Study. 'Diabetes Asia 2013' Conference, Oct. 24-27, 2013. Palace of the Golden Horses, Jalan Kuda Emas, Mines Resort City, 43300 Seri Kembangan, Selangor, MALAYSIA. [Proceedings-Oral Presentation]
37. **Boon-How Chew**, Firdaus Mukhtar, Sherina Mohd-Sidik, Fuziah Paimin, Noor-Hasliza Hassan, Nor-Kasmawati Jamaludin. The 17-items Diabetes Distress Scale (DDS): Translation and validation of the Malay version. 'Diabetes Asia 2013' Conference, Oct. 24-27, 2013. Palace of the Golden Horses, Jalan Kuda Emas, Mines Resort City, 43300 Seri Kembangan, Selangor, MALAYSIA. [Proceedings-Poster Presentation]
38. Yee Lin Gan, Oi Ming Lai, **Boon How Chew**, Kah Hay Yuen, Kalanithi Nesaretnam, Kim Tiu Teng, Kanga Rani Selvaduray, Puvaneswari Meganathan, Ju Yen Fu. Effects of Tocotrienols Supplementation on Cardiovascular Health in Subjects with Metabolic Syndrome. Malaysian Palm Oil Board International Palm Oil Congress 2013 (PIPOC 2013) 19–22 November 2013, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]
39. Mo Shuen Yeing; Lai Oi Ming; **Chew Boon How**; Ruhaini Ismail; Sallehudin Abu Bakar; Norli Abdul Jabbar; Kalanithi Nesaretnam and Teng Kim Tiu. Effects of triacylglycerol structure of dietary fats on glucose and triacylglycerol levels in Type 2 diabetes mellitus patients. Malaysian Palm Oil Board International Palm Oil Congress 2013 (PIPOC 2013) 19–22 November 2013, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]

Other publications	<ol style="list-style-type: none"> 1. Chew Boon How. What is health? BMJ 16 November 2011: Rapid Response. http://www.bmj.com/rapid-response/2011/11/16/re-what-health 2. Chew BH, Lee PY, Cheong AT, Ismail-Zarina I, Hanim-Ismail A, Hassan F, Ching SM. Misleading conclusion with serious negative health outcome. BMJ Open 20 January 2012: E-Letter. http://bmjopen.bmj.com/content/2/1/e000279/reply 3. Chew Boon How. The Psychological Aspects of Diabetes Mellitus. N Engl J Med 11 October 2012: Reader's Comment. http://www.nejm.org/doi/full/10.1056/NEJMra1110560#t=comments 4. Chew Boon How. The Great Masquerade. Reader's comments on Case 17-2013 — A 56-Year-Old Woman with Poorly Controlled Diabetes Mellitus and Fatigue. N Engl J Med May 22, 2013. http://www.nejm.org/doi/full/10.1056/NEJMcpc1215971#t=comments
Computer software	

H. PROJEK PENYELIDIKAN KINI & TERDAHULU (Current & Past Research Project)					
Project No.	Project Title	Role	Year	Source of fund	Status
NMRR-09-57-3252	i-COMPARE	Site investigator	2008-	Sanofi-aventis	Completed
	Perbandingan Pertumbuhan Kanak-kanak Berdasarkan Standard WHO 2006 dan Rujukan NCHS 1977 Dengan Penilaian Klinik Di Negeri Perak dan Pahang	Site investigator	2008-2009	Ministry of Health	Completed
	Primary Healthcare Services in the District of Batang Padang, Perak- Perspective of the Healthcare Providers	Principal investigator	2009	Self	Completed
	Smoking Status of Clients Visiting Tapah Community Polyclinic- A Cross-sectional Survey	Principal investigator	2009	Self	Completed
	Soal-selidik Perkhidmatan Klinik Kesihatan Tapah 1/2008	Principal investigator	2008-2009	Self	Completed
	Management of Uncomplicated Hypertension by Medical Officers in Health Clinics	Principal investigator	2008-2009	Self	Completed
	An Audit of Type 2 Diabetes Care in a Malaysian Public Community Polyclinic.	Principal investigator	2009-2010	Self	Completed

	Knowledge and Stigma on HIV/AIDS Patients amongst Medical Students at a Public University in Malaysia.	Co-investigator	2010	Self	Completed
	The Difference in Classes Performance between Students Having Academic and Non-Academic Problems in Faculty Of Medicine and Health Sciences in University Putra Malaysia.	Co-investigator	2010	Self	Completed
6264	Effect of Emotional Intelligence on the Medical Student's Academic Performance.	Principal investigator	2010-2012	RUGS (RM 29,500)	Completed
NMRR-11-1054-9190	Perception of Malaysian Healthcare Professional on Family Medicine Specialists (PERFAMS).	Principal investigator	2011-2012	FMSA+UPM (RM10,000 + RM 3,000)	On-going
NMRR: 9300	Job Satisfaction of Malaysian Primary Care Doctors.	Principal investigator	2011	Self	Completed
NMRR-11-297-8326	Prevalence and Treatment Outcomes of Emergency Cases at Community Health Clinics in Malaysia.	Principal investigator	2011	Self	Completed
	Empowering Patients and Primary Care to Improve Chronic Disease Outcomes: The EMPOWER Participatory Action Research (EMPOWER-PAR).	Co-investigator	2011-2013	ERGS (RM 179,900)	On-going
NMRR-12-146-11363	The acute effects of triacylglycerol structure of palmitic acid rich fats on insulin secretion and sensitivity, haemostatic markers in Type II diabetic patients.	Co-investigator	2011-2013	MPOB (RM 155,000)	On-going
NCT01631838	The effects of tocotrienols supplementation on platelet aggregation in subjects with metabolic syndrome.	Co-investigator	2011-2013	MPOB (RM 200,000)	On-going
NMRR ID: 14286	Communication in Primary Healthcare Among Healthcare providers in a multilingual society: An exploratory study	Co-investigator	2011-2013	ERGS (RM 50,000)	On-going
NMRR-12-1360-13846	Communication Structure and Dynamics of Bedside Teaching and Learning	Co-researcher	2012-2014	RUGS 3 (RM 40,050)	On-going

	Pre-diabetes Intervention Programme	Co-investigator	2011-2013	Health Promotion Board (RM 620,000)	On-going
NMRR ID: 13534	Exploring Biochem& Genetic Markers assocwt Statin Induced Muscle Toxicity in Selected M'sian Pop.	Co-researcher	2012-2014	?	On-going
NMRR-12-1167-14158	Emotional Distress and its Effect on Disease Control, Medication Adherence and Quality of Life in Patients with Type 2 Diabetes Mellitus [EDDMQoL]	Primary Investigator	2012-2013	RUGS 3 (RM 22,000)	On-going
Lect(JPK)_Feb(13)01	"Personal Mission Statement": A Comparison of Medical Students' and General Practitioners' Reflections on Personal Belief, Value, Purpose and Goal in Life	Principal Investigator	2012-2013	Self	On-going
	Communication in Primary Healthcare Among Healthcare providers in a multilingual society: An exploratory study	Co-researcher	2011-2013	ERGS (RM 50,000)	On-going
NMRR-12-1360-13846	Communication Structure and Dynamics of Bedside Teaching and Learning	Co-researcher	2012-2014	RUGS 3 (RM 40,050)	On-going
NMRR ID: 13534	Exploring Biochem & Genetic Markers assoc wt Statin Induced Muscle Toxicity in Selected M'sian Pop.	Co-researcher	2012-2014	?	On-going

JOURNAL REVIEWER	
No.	Journal Name
1.	Primary Care Diabetes
2.	BMC Family Practice

3.	BMC Public Health
4.	Asia-Pacific Journal of Public Health
5.	Asia Pacific Family Medicine
6.	Journal of Diabetes Research & Clinical Metabolism
7.	Frontiers in Psychological and Behavioral Science
8.	British Journal of Medicine and Medical Research
9.	Medical Journal of Malaysia
10.	Malaysian Family Physician
11.	Malaysian Journal of Medicine and Health Sciences
12.	Clinical Teacher
13.	AIDS Care
14.	Quality of Life Research
15.	DynaMed- Chikugunya Fever http://dynamed.ebscohost.com/about/reviewers
16.	Problem Based Learning- Cases For Medical Students

INVITED AS SPEAKER			
Date	Venue	Topic	Occasion
8-11th May 2008	Suntec Convention Centre, Singapore	The Control of Type 2 Diabetes and its Complications in a Primary Care Centre in Malaysia	The Singapore Disease Management Conference 2008 & 1st International Conference On Healthcare Transformation 2008: Primary Care Focus.
15th and 16th July, 2011	Grand Season Hotel, Kuala Lumpur	Medical Records and Confidentiality	Diploma in Family Medicine- Workshop on Professionalism, Ethical Practice and the Law
30th April 2011	Logos Presbyterian Church, Old Klang Road, Kuala Lumpur	Cancer and I [Mandarin]	Public Talk
28th July 2011	Faculty of Medicine and Health Sciences, Universiti Putra		World Hepatitis Day- Public Talk in conjunction with World Hepatitis Day
22nd October 2011	Serdang Chinese Methodist Church, Selangor	Medicalization or Not [Mandarin]	Public Talk

14th and 15th January, 2012	Grand Season Hotel, Kuala Lumpur.	Medical Ethics and Professionalism	Diploma in Family Medicine- Workshop on Professionalism, Ethical Practice and the Law.
23rd May 2012	Serdang Chinese Methodist Church, Selangor	Dementia & Alzheimer's Disease [Mandarin]	Public Talk
30th May 2012	Faculty of Medicine and Health Sciences, Universiti Putra	Nutrition in Family Medicine	UPM Research Week
10th October 2012	Faculty of Medicine and Health Sciences, Universiti Putra	Emotional Intelligence and Academic Performance in UPM Medical Students	Faculty's CME
18th Jan 2013	PNB Ilham Resort, Port Dickson	Why do people develop prediabetes/diabetes (who are at risk?)	Lecture 5, 2130 - 2230 hours (1 hour): Train The Trainer for Prediabetes Intervention Programme
5th June 2013	Serdang Chinese Methodist Church, Selangor	Bones & Joints in the Elderly [Mandarin].	Public Talk
14th July 2013	KL Cantonese Methodist Church.	Diabetes Mellitus: The Disease, The Causes & The Complications	Public Health Talk

TEACHING - UNDERGRADUATE		
Year	Code of Program	Name of Program
2009-2013	SPP 36210	Undergraduate Medical Doctor program- 2nd year medical student Research Methodology Project
2009-2013	SPK 3711	Undergraduate Medical Doctor program -Family Medicine posting
2009-2013	NA	Clinico-pathological Conference (CPC) for year 5 Medical Doctor program
2009-2013	SPP 3591	Problem-Based Learning module for 2nd year medical student
2009-2013	SPP 3111	Professional Development module for 2nd year medical student. Elected as the Module Coordinator.
2009-2013	NUR3402	Primary Care Nursing- Bachelor Program
2009-2011	Task-based Learning	Cyberjaya University College of Medical Sciences (CUCMS) Family Medicine Posting
2009-2010	SPK 3821	Supervisor for Fourth Year 2009/2010 medical student Community Follow-up posting

TEACHING - POSTGRADUATE		
Year	Name/Code of Program	Topic/Program
2013-2014	Master in Family Medicine, Universiti Putra Malaysia	Evidence-based Medicine
2013-2014	Master in Family Medicine, Universiti Putra Malaysia	Ethics and Professionalism
2012-2013	Master in Family Medicine, Universiti Putra Malaysia	Ethical Issue in Family Medicine
2011-2012	Master in Family Medicine	Practice Diary Mock Examination
2012-2014	Advance Training Programme (ATP)	Research Mentor for Academy of Family Physician Malaysia
2010-2012	UPM master degree program for Family Medicine	Committee member in drafting up UPM master degree program for Family Medicine