# CURRICULUM VITAE

| **A. BUTIR-BUTIR PERIBADI** ***(Personal Details)*** | |
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| Nama Penuh *(Full Name)* | IRMI ZARINA ISMAIL |
| No. MyKad / No. Pasport *(Mykad No. / Passport No.)* | Warganegara *(Citizenship)* Malaysia |
| Bangsa *(Race)* Melayu | Jantina *(Gender)* Perempuan |
| Jawatan *(Designation)* | Pensyarah Perubatan Kanan |

| Jabatan/Fakulti *(Department/Faculty)* | E-mel dan URL *(E-mail Address and URL)* |
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| Jabatan Perubatan Keluarga,<br>Fakulti Perubatan & Sains Kesihatan<br><br>Tel: 03-89472538<br>Fax:03-89472328 | E-mail:<br>irmiismail@medic.upm.edu.my<br>URL: |

| **B. KELAYAKAN AKADEMIK** ***(Academic Qualification)*** | | | |
|---|---|---|---|
| Nama Sijil / Kelayakan *(Certificate / Qualification obtained)* | Nama Sekolah Institusi *(Name of School / Institution)* | Tahun *(Year obtained)* | Bidang pengkhususuan *(Area of Specialization)* |
| Medical Degree. MD, USM | Universiti Sains Malaysia, Cawangan Kelantan | 1996 | Medicine |
| Masters in Family Medicine. Mmed Fam Med, UM. | Universiti Malaya | 2006 | Family Medicine |

| **C. KEMAHIRAN BAHASA** *(Language Proficiency)* | | | | | |
|---|---|---|---|---|---|
| Bahasa / *Language* | Lemah *Poor (1)* | Sederhana *Moderate (2)* | Baik *Good (3)* | Amat Baik *Very good (4)* | Cemerlang *Excellent (5)* |
| English | | | | √ | |
| Bahasa Melayu | | | | | √ |
| Chinese | | | | | |
| Lain-lain *(other):* | | | | | |

| **D. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN** ***(Scientific experience and Specialisation)*** | | | | |
|---|---|---|---|---|
| *Organization* | *Position* | *Start Date* | *End Date* | *Expertise* |
| Kementerian Kesihatan Malaysia | Family Medicine Specialist | 2006 | 2009 | Family Medicine |
| Kementerian Kesihatan Malaysia | Trainer for Family Planning Programme | 2008 | 2009 | Family Planning |

| **E. PEKERJAAN** ***(Employment)*** | | | | |
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| Majikan / *Employer* | Jawatan / *Designation* | Jabatan / *Department* | Tarikh lantikan / *Start Date* | Tarikh tamat / *Date Ended* |
| Hospital Seremban | House Officer | O&G, Medical & Surgical | 1 April 1996 | 30 March 1997 |
| Hospital Melaka | Medical Officer | O&G | 1 April 1997 | 1 May1999 |
| Hospital Melaka | Medical Officer | Outpatient department | 1 May 1999 | 1 June 2001 |
| Hospital Melaka | Medical Officer (Master Student) | Medical, Psychiatry, Paediatric, O&G, Surgery, ENT, Ophtalmology, Orthopaedic, Dermatology. | 1 June 2001 | 1 December 2002 |
| University Malaya Medical Centre | Medical Officer (Master Student) | Outpatient department | 1 December 2002 | 30 May 2006 |
| Klinik Kesihatan Durian Tunggal/ Alor Gajah | Family Medicine Specialist | Outpatient department | 1 Jun 2006 | 30 Jun 2009 |

| **F. ANUGERAH DAN HADIAH** *(Honours and Awards)* | | | | |
|---|---|---|---|---|
| *Name of awards* | *Title* | *Award Authority* | *Award Type* | *Year* |
| *Academic Awards* | Hadiah Latihan Persekutuan | JPA | National | 2002-2006 |
| *Non-Academic Awards* | | | | |
| *Awards of Merit* | Hadiah Kecermelangan | JKN, Melaka | State | 2007 |
| | Sijil kecermelangan | FPSK | Faculty | 2011 |

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| **G. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, muka surat dan tahun diterbitkan)** *(List of publications – author (s), title, journal, volume, page and year published)* | |
|---|---|
| *Journal* | 1. Mehrnoosh Akhtari-Zavare, Muhamad Hanafiah J, Rosliza Abdul Manaf, Irmi Zarina Ismail , Salmiah Md. Said . Knowledge on breast cancer and practice of breast self examination among selected female university students in Malaysia. Medical and health science journal 2011;7: pp. 49-56<br>2. Rosliza Abdul Manaf , Irmi Zarina Ismail , Latiffah A. Latiff. Contraceptive Use among Women with Chronic Medical Conditions and Factors Associated with Its Non-Use in Malaysia. Global Journal of Health Science; Vol. 4, No. 5; 2012. doi:10.5539/gjhs.v4n5p91<br>3. Irmi ZI, Zaiton A, Faezah H. Reactive Arthritis in tuberculosis. A case of Poncet's Disease. Malaysian Family Physician 2013; 8(1): 24-7.<br>4. Mehrnoosh Akhtari-Zavare, Muhamad Hanafiah J, Rosliza Abdul Manaf, Irmi Zarina Ismail , Salmiah Md. Said. Beliefs and behavior of Malaysian Undergraduate Female students in a Public University Toward Breast Self-Examination Practice. Asia Pacific Journal of Cancer Prevention 2013; 14: 57-61<br>5. Chirk-Jenn Ng, Ping-Yein Lee, Yew-Kong Lee, Boon-How Chew, Julia P Engkasan3, Zarina-Ismail Irmi, Nik-Sherina Hanafi and Seng-Fah Tong. An overview of patient involvement in healthcare decision-making: a situational analysis of the Malaysian context. BMC Health Services Research 2013; 13:408. http://www.biomedcentral.com/1472-6963/13/408<br>6. Chew BH, Ramli As, Omar M, Ismail IZ A preliminary study of job satisfaction and motivation among the Malaysian primary healthcare professionals. Malaysian Family Physician Journal 2013; Vol. 8 Issue 2, p15.<br>7. Siew-Mooi Ching, Yong-Kek Pang, David Price, Ai-Theng Cheong, Ping-Yein Lee, Ismail Irmi, Hassan Faezah, Ismail Ruhaini And Yook-Chin Chia. Detection of airflow limitation using a handheld spirometer in a primary care setting. Respirology 2014. doi: 10.1111/resp.12291 |
| *Books/Monographs* | - |

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| *Chapter in book* | 1. Buku Panduan Kriteria Kelayakan Perubatan dan Soal jawab Amalan<br>Penggunaan Kaedah Kontraseptif (a translated version of WHO Medical Eligibility Criteria and Selected Recommended Practice for Family Planning Guidebook, 2004)<br>Publisher : Ministry of Health Malaysia, 2006<br><br>2. Modul Pengajar Program Perancang Keluarga<br>Publisher : Ministry of Health Malaysia, 2009<br><br>3. CPG Breast Cancer (2nd edition)<br>Publisher : Ministry of Health, 2011<br><br>4. Editor, Research handbook: A guide for novice researchers.<br>Publisher: Academy of Family Physician, Malaysia |
| *Proceedings* | 1. Low Pap Smear acceptance among outpatient. Conference: National Quality Assurance Conference, Kuching 2008- Oral presentation<br>2. Pap smear among women in Melaka. Abstract in Journal of Public Health, 2008<br>3. High metabolic syndrome among urban outpatients- Conference: Poster presentation at the Asia Pacific Primary Care Conference, Melaka 2009<br>4. Metabolic syndrome and cardiovascular risk- gender differences. Conference: Asia Diabetes 2010, Kuching. (Poster presentation/ abstract)<br>5. Knowledge of Pap smear among academicians at a central region of Malaysia. 3rd Asia Pacific Primary Care Research Conference 2011. The Summit Kuala Lumpur (poster/ proceeding).<br>6. Physical activity among the elderly dwellers in Dengkil, Selangor. World Healthy Ageing 2012, KLCC (abstract/ oral presentation; Dr Zaiton Ahmad).<br>7. Mehrnoosh Akhtari-Zavare, Muhamad Hanafiah J, Rosliza Abdul Manaf, Irmi Zarina Ismail, Salmiah Md. Said. Knowledge on breast cancer and practice of breast self- examination among selected female university students in Malaysia. Medical and health science journal 2011;7: pp. 49-56<br>8. Rosliza Abdul Manaf , Irmi Zarina Ismail , Latiffah A. Latiff. Contraceptive Use among Women with Chronic Medical Conditions and Factors Associated with Its Non-Use in Malaysia. Global Journal of Health Science; Vol. 4, No. 5; 2012. doi:10.5539/gjhs.v4n5p91<br>9. Irmi Zarina Ismail, Rosliza Abdul Manaf , Latiffah A. Latiff. Contraceptive Use among Women with Chronic Medical Conditions: Malaysian experience from 3 health facilities.<br>19th WONCA Asia Pacific primary Care Conference, Jeju Korea, May 2012. (Oral presentation).<br>10. Irmi ZI, Zurina Z, Syafiqah, Eng HJ. Severe Jaundice Among Neonates. Who are they? Malaysian Hypertension Society Conference 2013, Kuala Lumpur.<br>11. Irmi ZI, Muhamad Hanafiah J, Anita AR, Khong SC, Shahidatul MMS. Respiratory co-morbidities and their association with smoking among adults in Felda Area. WONCA Asia Pacific Regional |

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| | Conference, Sarawak, May 2014. |
| *Computer software* | - |

| **H. PROJEK PENYELIDIKAN TERDAHULU** *(Past Research Project)* | | | | | |
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| *Project No.* | *Project Title* | *Role* | *Year* | *Source of fund* | *Status* |
| | Metabolic Syndrome among outpatient in UMMC | Primary investigator | 2005 | Vote F, Universiti Malaya | Report writing completed. |
| | Audit of pap smear among outpatient in Melaka | Investigator | 2007 | Pejabat Kesihatan Alor Gajah, Melaka | Report writing Completed.<br><br>Oral presentation at Quality conference 2008. |
| | Pap Smear Among Academician | Supervisor | 2010 | NIL | completed |
| | Family Planning among chronic medical illness | Co-investigator | 2010 | Rugs 5, UPM | completed |
| *919780* | Characteristics of breast cancer among women with breast lumps presenting to the breast clinic | Principle investigator | 2011 | Rugs 5, UPM | In progress |
| | Factors affecting methadone therapy among methadone therapy users in Tampin | Co-investigator | 2011 | Rugs 5, UPM | In progress |
| | Prevalence of COPD among Smokers in public health Clinics in | Co-investigator | 2011 | Rugs 5, UPM | Completed |

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| | Sepang | | | | |
| | Perception of GP towards doing research at primary care. | Co-investigator | 2012 | Academy of family physician malaysia | Completed |
| | Perception of teenagers towards teenage pregnancy | Co-investigator | 2012 | RUGS 5, UPM | In progress |
| | Impact of smoke free home program: strategy toeard anti smoking among household in FELDA scheme, Negeri Sembilan. | Co-investigator | 2013 | Community Health Society Geran Ex Gratia | In progress |