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| **CURRICULUM VITAE** | | | | \\172.16.90.23\General\FPSK-SPeL\JPK\Irmi_Zarina_Ismail.jpg |
| **A.** BUTIR-BUTIR PERIBADI ***(Personal Details)*** | | | | |
| Nama Penuh *(Full Name)* | IRMI ZARINA BINTI ISMAIL | | | Gelaran *(Title):* DR |
| Warganegara *(Citizenship)* | MALAYSIA | Bangsa *(Race)*  MALAY | | Jantina *(Gender)*  FEMALE |
| Jawatan *(Designation)* | Pensyarah Perubatan Kanan | Tarikh Lahir *(Date of Birth)* | | 8 OCT 1971 |
| Jabatan/Fakulti *(Department/Faculty)* | | | E-mel dan URL *(E-mail Address and URL)* | |
| DEPARTMENT OF FAMILY MEDICINE, FACULTY OF MEDICINE AND HEALTH SCIENCES, UNIVERSITI PUTRA MALAYSIA  Tel: +603-8947 2538/2526  Fax: +603-8947 2328 | | | E-mail: [irmiismail@upm.edu.my](mailto:irmiismail@upm.edu.my) or [irmiismail@gmail.com](mailto:irmiismail@gmail.com)  URL: - | |

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| **B. KELAYAKAN AKADEMIK *(Academic Qualification)*** | | | |
| Nama Sijil / Kelayakan *(Certificate / Qualification obtained)* | Nama Sekolah Institusi *(Name of School / Institution)* | Tahun *(Year obtained)* | Bidang pengkhusususan  *(Area of Specialization)* |
| MBBS | UNIVERSITY OF SCIENCE MALAYSIA | 1996 | MEDICINE |
| MMED (FAMILY MEDICINE) | UNIVERISTY OF MALAYA | 2006 | FAMILY MEDICINE |
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| **C. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN**  ***(Scientific experience and Specialisation)*** | | | | |
| *Organization* | *Position* | *Start Date* | *End Date* | *Expertise* |
| KEMENTERIAN KESIHATAN MALAYSIA | Family Medicine Specialist | 2006 | 2009 | Family Medicine |
| UNIVERSITI PUTRA MALAYSIA | Family Medicine Lecturre | 2009 |  |  |
| MALAYSIA PRIMARY CARE RESEARCH GROUP | COMMITTEE MEMBER | 2012 | 2016 | FAMILY MEDICINE |
| MALAYSIA PRIMARY CARE RESEARCH GROUP | SECRETARY | 2014 | 2016 | FAMILY MEDICINE |
| ASIA PACIFIC PRIMARY CARE RESEARCH CONFERENCE 2010 | COMMITTEE MEMBER | 2010 | 2010 | FAMILY MEDICINE |
| ASIA PACIFIC PRIMARY CARE RESEARCH CONFERENCE 2012 | SECRETARY | 2012 | 2012 | FAMILY MEDICINE |
| ASIA PACIFIC PRIMARY CARE RESEARCH CONFERENCE 2015 | SECRETARY | 2015 | 2015 | FAMILY MEDICINE |
| DIPLOMA IN FAMILY MEDICINE | @WOMEN’S HEALTH@ MODULE COORDINATOR | 2013 | 2015 | FAMILY MEDICINE |
| ADVANCE TRAINING PROGRAMME | RESEARCH  FACILITATOR | 2013 | 2015 | FAMILY MEDICINE |
| MASTER FAMILY MEDICINE, UPM | MASTER PROGRAMME COORDINATOR | 2010 | 2015 | FAMILY MEDICINE |
| REVIEWER | MALAYSIAN JOURNAL OF FAMILY PHYSICIAN | 2012 | 2015 | FAMILY MEDICINE |
| CLINICAL PRACTICE GUIDELINE”MANAGEMENT OF RHINOSINUSITIS” | REVIEW COMMITEE | 2016 | 2017 | FAMILY MEDICINE |

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| **D. PEKERJAAN *(Employment)*** | | | | |
| Majikan */ Employer* | Jawatan */ Designation* | Jabatan / *Department* | Tarikh lantikan / *Start Date* | Tarikh tamat /  *Date Ended* |
| Universiti Putra Malaysia | Senior Medical Lecturer DU54 | Department of Family Medicine | 2009 | TILL NOW |
| Universiti Putra Malaysia | MASTER FAMILY MEDICINE COORDINATOR | Department of Family Medicine | 2010 | 2015 |
| MINISTRY OF HEALTH | FAMILY MEDICINE SPECIALIST | KK ALOR GAJAH,  KK DURIAN TUNGGAL  ALOR GAJAH MELAKA | 2006 | 2009 |
| UNIVERSITY MALAYA MEDICAL CENTRE | MASTER TRAINEE MEDICAL OFFICER | RUKA | 2002 | 2006 |
| MINISTRY OF HEALTH | MEDICAL OFFICER | OUTPATIENT, GH MELAKA | 1999 | 2002 |
| MINISTRY OF HEALTH | MEDICAL OFFICER | O&G HOSITAL MELAKA | 1997 | 1999 |
| MINISTRY OF HEALTH | HOUSE OFFICER | HOSPITAL SEREMBAN | 1996 | 1997 |

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| **E. ANUGERAH DAN HADIAH** *(Honours and Awards)* | | | | |
| *Name of awards* | *Title* | *Award Authority* | *Award Type* | *Year* |
| *Academic Awards* |  |  |  |  |
| *Non-Academic Awards* |  |  |  |  |
| *Awards of Merit* | Certificate of Excellence Service | Melaka Health Deaprtment | JKN | 2007 |
|  | Certificate of Excellence Service | Universiti Putra Malaysia | University | 2011 |

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| **F. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, muka surat dan tahun diterbitkan)** *(List of publications – author (s), title, journal, volume, page and year published)* | |
| *Journal* | 1. Adibah HAnim Ismail, Haryati Hamzah, **Irmi Zarina Ismail**. Glycemic Control among Insulin-Treated Type 2 Diabetes in Kelantan. International Medical Journal Vol. 23, No. 4, pp. 1 - 4 , August 2016 2. Mehrnoosh Akhtari-Zavare, Latffah A Latif, Muhamad Hanafiah J, Salmiah Md. Said, **Irmi Zarina Ismail**. Predictors affecting breast self-examination practice among Klang Valley. J. Obstetric Gynaecol. Research 2015. doi:10.1111/jog.12819 2. 3. Mehrnoosh Akhtari‑Zavare1\*, Muhamad Hanafiah Juni, **Irmi Zarina Ismail**, Salmiah Md Said and Latiffah A. Latiff. Barriers to breast selfexamination practice among Malaysian female students: a cross sectional study. SpringerPlus (2015) 4:692. DOI 10.1186/s40064-0151491-8. 4. Siew-Mooi Ching, Yong-Kek Pang, David Price, Ai-Theng Cheong, Ping-Yein Lee, **Ismail Irmi,** Hassan Faezah, Ismail Ruhaini And Yook-Chin Chia. Detection of airflow limitation using a handheld spirometer in a primary care setting. Respirology 2014. doi: 10.1111/resp.12291 5. **Irmi ZI**, Zaiton A, Faezah H. Reactive Arthritis in tuberculosis. A case of Poncet’s Disease. Malaysian Family Physician 2013; 8(1): 24-7. 5. 6. Mehrnoosh Akhtari-Zavare, Muhamad Hanafiah J, Rosliza Abdul Manaf, **Irmi Zarina Ismail** , Salmiah Md. Said. Beliefs and behavior of Malaysian Undergraduate Female students in a Public University Toward Breast Self-Examination Practice. Asia Pacific Journal of Cancer Prevention 2013; 14: 57-61 7. Chirk-Jenn Ng, Ping-Yein Lee, Yew-Kong Lee, Boon-How Chew, Julia P Engkasan3, **Zarina-Ismail Irmi**, Nik-Sherina Hanafi and SengFah Tong. An overview of patient involvement in healthcare decisionmaking: a situational analysis of the Malaysian context. BMC Health Services Research 2013; 13:408. http://www.biomedcentral.com/14726963/13/408 8. Chew BH, Ramli As, Omar M, **Ismail IZ** A preliminary study of job satisfaction and motivation among the Malaysian primary healthcare professionals. Malaysian Family Physician Journal 2013; Vol. 8 Issue 2, p15. 9. Rosliza Abdul Manaf , **Irmi Zarina Ismail** , Latiffah A. Latiff. Contraceptive Use among Women with Chronic Medical Conditions and Factors Associated with Its Non-Use in Malaysia. Global Journal of Health Science; Vol. 4, No. 5; 2012. doi:10.5539/gjhs.v4n5p91 10. Mehrnoosh Akhtari-Zavare, Muhamad Hanafiah J, Rosliza Abdul Manaf, **Irmi Zarina Ismai**l , Salmiah Md. Said . Knowledge on breast cancer and practice of breast self examination among selected female university students in Malaysia. Medical and health science journal 2011;7: pp. 49-56 |
| *Books/Monographs* |  |
| *Chapter in book* | 1. Dr Fuziah Paimin, Dr Hasliza Hassan, Dr Harmy bin Mohamed Yusoff, Dr Irmi Zarina Ismail, Dr Norhayati Mohd Noor. Screening guidelines for primary care 2015. Accessed @ http://screeningguide.fms-malaysia.org/index.php/download-e-book/ 2. 2. Editor, A step by step guide to primary Care Research 2015. Publisher: Academy of Family Physician, Malaysia. 3. Editor, Research handbook: A guide for novice researchers 2013. Publisher: Academy of Family Physician, Malaysia 4. CPG Breast Cancer (2nd edition) Publisher : Ministry of Health, 2011 5. Modul Pengajar Program Perancang Keluarga Publisher : Ministry of Health Malaysia, 2009 6. Buku Panduan Kriteria Kelayakan Perubatan dan Soal jawab Amalan Penggunaan Kaedah Kontraseptif (a translated version of WHO Medical Eligibility Criteria and Selected Recommended Practice for Family Planning Guidebook, 2004) Publisher : Ministry of Health Malaysia, 2006 |
| *Proceedings* | 1. Low Pap Smear acceptance among outpatient. Conference: National Quality Assurance Conference, Kuching 2008- Oral presentation 2. Pap smear among women in Melaka. Abstract in Journal of Public Health, 2008 3. High metabolic syndrome among urban outpatients- Conference: Poster presentation at the Asia Pacific Primary Care Conference, Melaka 2009 4. Metabolic syndrome and cardiovascular risk- gender differences. Conference: Asia Diabetes 2010, Kuching. (Poster presentation/ abstract) 5. Knowledge of Pap smear among academicians at a central region of Malaysia. 3rd Asia Pacific Primary Care Research Conference 2011. The Summit Kuala Lumpur (poster/ proceeding). 6. Physical activity among the elderly dwellers in Dengkil, Selangor. World Healthy Ageing 2012, KLCC (abstract/ oral presentation; Dr Zaiton Ahmad). 7. Irmi Zarina Ismail, Rosliza Abdul Manaf , Latiffah A. Latiff. Contraceptive Use among Women with Chronic Medical Conditions: Malaysian experience from 3 health facilities. 19th WONCA Asia Pacific primary Care Conference, Jeju Korea, May 2012. (Oral presentation). 8. Irmi ZI, Zurina Z, Syafiqah, Eng HJ. Severe Jaundice Among Neonates. Who are they? Malaysian Hypertension Society Conference 2013, Kuala Lumpur. 9. Irmi ZI, Muhamad Hanafiah J, Anita AR, Khong SC, Shahidatul MMS. Respiratory co-morbidities and their association with smoking among adults in Felda Area. WONCA Asia Pacific Regional Conference, Sarawak, May 2014. 10. Irmi ZI, Cheong AT, Aina EM. Breast cancer among women with breast lumps. Who are they? Asia Pacific Primary Care Conference 2015, Putrajaya. (Poster) 11. Irmi Zarina Ismail1, Wai Khew Lee2, Su May Lee3, Ee Ming Khoo3, Mimi Omar4, Harmy Mohdyusoff5, Subashini Ambigapathy6, Sitizaleha Suleiman7, Juwita Shaaban8, Nurfarhana Zaidi3. Can patients accurately estimate their cardiovascular risk? WONA Europe 2015, Istanbul. (Oral presentation) |
| *Other publications* | 1. Health collumnist for “MIDI” from 2013-2015 |
| *Computer software* | - |

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| **G. PROJEK PENYELIDIKAN TERDAHULU** *(Past Research Project)* | | | | | |
| *Project No.* | *Project Title* | *Role* | *Year* | *Source of fund* | *Status* |
|  | Metabolic Syndrome among outpatient in UMMC | PRINCIPAL RESEARCHER | 2005 | PPP GRANT, UM | COMPLETED |
|  | Audit of pap smear among outpatient in Melaka | PRINCIPAL INVESTIGATOR | 2007 | PKD ALOR GAJAH | COMPLETED |
|  | Pap Smear Among Academician | SUPERVISOR | 2010 | NIL | COMPLETED |
|  | Family Planning among chronic medical illness | CO-RESEARCHER | 2010 | RUGS 5, UPM | COMPLETED |
| 919780 | Characteristics of breast cancer among women with breast lumps presenting to the breast clinic | PRINCIPAL RESEARCHER | 2011 | RUGS 5, UPM | COMPLETED |
|  | Factors affecting methadone therapy among methadone therapy users in Tampin | CO-RESEARCHER | 2011 | RUGS 5, UPM | COMPLETED |
|  | Prevalence of COPD among Smokers in public health Clinics in Sepang | CO-RESEARCHER | 2011 | RUGS 5,UPM | COMPLETED |
|  | Perception of GP towards doing research at primary care | CO-RESEARCHER | 2012 | AFPM | COMPLETED |
|  | Perception of teenagers towards teenage pregnancy | CO-RESEARCHER | 2012 | RUGS 5, UPM | COMPLETED |
|  | Impact of smoke free home program: strategy toeard anti smoking among household in FELDA scheme, Negeri Sembilan. | CO-RESEARCHER | 2013 | Community Health Society Geran Ex Gratia | COMPLETED |
|  | Doctors’ and Patients’ estimation of cardiovascular risk | CO-RESEARCHER | 2014 | CRC-MOH | COMPLETED |
|  | Thrombotic related effect of YSS fish on overweight population compared to deep fat fish. | CO-RESEARCHER | 2015 | MOSTI | IN PROGRESS |
|  | UNDERSTANDING THE PREGNANCY PLANNING BEHAVIOUR AND THE MANAGEMENT OF THE REPRODUCTIVE NEEDS OF WOMEN WITH DIABETES | PRINCIPAL-RESEARCHER | 2015 | PPP, UM | IN PROGRESS |

| **H. PENYELIAAN PELAJAR SISWAZAH** *(Supervision of Graduate Students)* | | | |
| --- | --- | --- | --- |
| **No** | **Name of Students and Title of Thesis/Project** | **Role** | **Status** |
| **PHd** | | | |
| 1. | Mehrnoosh Akhtari-Zavare | Co-supervisor | Graduated |
| 2. |  |  |  |
| 3. |  |  |  |
| 4. |  |  |  |
| 5. |  |  |  |
| 6. |  |  |  |
| **Master Science with thesis** | | | |
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| 2. |  |  |  |
| 3. |  |  |  |
| **Master of Medicine (Family Medicine)** | | | |
| 1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |
| 4. |  |  |  |
| 5. |  |  |  |