

MALAYSIAN JOURNAL OF Medicine and Health Sciences

Vol. 17 No. SUPP3 / June 2021
*Supplementary
Issue: Health and
Wellness*

Malaysian Journal of Medicine and Health Sciences Vol. 17 No. SUPP3, June 2021



Faculty of Medicine and Health Sciences
Universiti Putra Malaysia
43400 UPM Serdang
Selangor Darul Ehsan
Malaysia
<http://medic.upm.edu.my/>

UPM Press
Universiti Putra Malaysia
43400 UPM Serdang
Selangor Darul Ehsan
Malaysia
<http://penerbit.upm.edu.my>

PENERBIT
UPM
UNIVERSITI PUTRA MALAYSIA
PRESS



A scientific journal published by Universiti Putra Malaysia Press

About the Journal

The Malaysian Journal of Medicine and Health Sciences (MJMHS) is published by the Faculty of Medicine and Health Sciences, Universiti Putra Malaysia. The main aim of the MJMHS is to be a premier journal on all aspects of medicine and health sciences in Malaysia and internationally. The focus of the MJMHS will be on results of original scientific research and development, emerging issues and policy analyses pertaining to medical, biomedical and clinical sciences. The Malaysian Journal of Medicine and Health Sciences is now indexed in the following data bases: Scopus, EBSCOhost, ISC, and Rubriq.

Editorial Board

Editor in Chief:

Prof. Dr. Normala Ibrahim

Members:

Prof. Dr. Rukman Awang Hamat
Prof. Dr. Christopher Lim Thiam Seong Prof.
Dr. Ching Siew Mooi
Prof. Dr. Sharmili Vidyadaran
Assoc. Prof. Dr. Rajesh Ramasamy
Assoc. Prof. Dr. Sethu Thakachy Subha
Assoc. Prof. Dr. Loh Su Peng
Assoc. Prof. Dr. Nor Afiah Mohd Zulkefli
Assoc. Prof. Dr. Wan Aliaa Wan Sulaiman
Assoc. Prof. Dr. Ling King Hwa
Assoc. Prof. Dr. Habibah Abdul Hamid
Assoc. Prof. Dr. Zubaidah Nor Hanipah
Assoc. Prof. Dr. Intan Hakimah Ismail
Assoc. Prof. Dr. Ho Yu Bin
Assoc. Prof. Dr. Karmegam Karuppiah
Assoc. Prof. Dr. Subapriya Suppiah

Lead Guest Editor:

Dr. Nur Islami Mohd Fahmi Teng

Guest Editors:

Assoc. Prof. Dr. Maria Justine
Assoc. Prof. Dr. Nazri Che Dom

Technical Coordinator:

Dr. Tan Kit Aun

International Advisory Board

Prof. Dr. Pierce Anthony Grace
Prof. Dr. David Isaacs
Prof. Dr. P. Ronan O'Connell
Prof. Dr. Graham Alexander Mc Gregor
Prof. Dr. Tan Ser Kiat
Prof. Dr. Gregory Y.H. Lip
Prof. Dr. Roger Pepperell