

**TAN KIT-AUN**  
Department of Psychiatry  
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## **EDUCATION**

PhD                   NANYANG TECHNOLOGICAL UNIVERSITY  
                          Developmental Psychopathology

BSc                   UNIVERSITI PUTRA MALAYSIA  
(Firsts)           Human Development (minor: Developmental Psychology)  
                          Cumulative Grade Point Average (3.9 out of 4.0)

## **RESEARCH INTERESTS**

My recent research interests are defined by three lines of work. The first line focuses on scale development, translation, and validation of psychological measures for use in Malaysian populations. The second line addresses the etiology and treatment of developmental psychopathology with a focus on cross-cultural adaptation. The third line examines the efficacy/effectiveness of online psychoeducational programs on improving emotional and behavioral functioning in the dyad of psychiatric patients and caregivers in local healthcare settings.

## **HONORS AND AWARDS**

Dean's List (2004–2005)  
Vice-Chancellor's List (2006–2007)  
Vice-Chancellor Award (2007)  
*Hadiah Daun Merah* (formerly known as Dean's Award; 2007)  
Top Academic Achievement Award, *Malam Harapan Putra Negara*, Tun Perak College (2007)  
Valedictorian, Faculty of Human Ecology, Class of 2007  
Gold Medal, Exhibition of Invention, Research, and Innovation, Universiti Putra Malaysia, Selangor (2008)  
Bronze Medal, Exhibition of Invention, Research, and Innovation, Universiti Putra Malaysia, Selangor (2010, 2012)  
Excellent Service Award, Universiti Putra Malaysia (2015–present)  
Outstanding Reviewer Award, *Personality and Individual Differences* (2018)

## **REFEREED JOURNAL PUBLICATIONS** (as of October 5, 2023: Scopus *h*-index = 12) 2008–2013

**Tan, K. A., & Mansor, A. T.** (2008). The relationships between ecological contexts, job stress, and job satisfaction among engineers in Pulau Pinang. *International Undergraduate Journal*, 1(1), 1–23.

Mansor, A. T., & **Tan, K. A.** (2009). Influence of gender on career readiness among Malaysian undergraduates. *Australian Journal of Career Development*, 18(2), 33–44.

Mansor, A. T., & **Tan, K. A.** (2009). Predictors of career indecision among Malaysian undergraduate students. *European Journal of Social Sciences*, 8(2), 215–224.

Ang, R. P., **Tan, K. A.**, & Mansor, A. T. (2011). Normative beliefs about aggression as a mediator of narcissistic exploitativeness and cyberbullying. *Journal of Interpersonal Violence*, 26(13), 2619–2634.

#### 2014

Mansor, A. T., Ang, C. S., & **Tan, K. A.** (2014). Pangs of loneliness breed material lifestyle but don't power up life satisfaction of young people: The moderating effect of gender. *Social Indicators Research*, 117(2), 353–365.

Yang, F., **Tan, K. A.**, & Cheng, W. J. Y. (2014). Effects of connectedness on health-promoting and health-compromising behaviors in adolescents: Evidence from a statewide survey. *Journal of Primary Prevention*, 35(1), 33–44.

#### 2015

Ang, C. S., Mansor, A. T., **Tan, K. A.**, Tan, J. P., & Yaacob, S. N. (2015). Understanding computer-mediated communication attributes and life satisfaction from the perspectives of uses and gratifications and self-determination. *Computers in Human Behavior*, 49, 20–29.

Yee, A., Yassim, A. R. M., Loh, H. S., Ng, C. G., & **Tan, K. A.** (2015). Psychometric evaluation of the Malay version of the Montgomery-Asberg Depression Rating Scale (MADRS-BM). *BMC Psychiatry*, 15(1).

#### 2016

Abdul Razak, N., Mohd Shariff, Z., Mohd Nasir, M. T., Gan, W. Y., & **Tan, K. A.** (2016). Early nutrition, growth, and cognitive development of infants from birth to 2 years in Malaysia: A study protocol. *BMC Pediatrics*, 16(1).

Fernandez, A., **Tan, K. A.**, Knaak, S., Chew, B. H., & Ghazali, S. S. (2016). Effects of brief psychoeducational program on stigma in Malaysian pre-clinical medical students: A randomized controlled trial. *Academic Psychiatry*, 40(6), 905–911.

Kader Maideen, S. F., Mohd Sidik, S., Rampal, L., Mukhtar, F., Ibrahim, N., Phang, C. K., **Tan, K. A.**, & Ahmad, R. (2016). A web-based psychoeducational intervention program for depression and anxiety in an adult community in Selangor, Malaysia: Protocol of a randomized controlled trial. *JMIR Research Protocols*, 5(2).

#### 2017

Fernandez, A., **Tan, K. A.**, & Masiran, R. (2017). Recovery orientation among individuals with serious mental illness. *American Journal of Applied Psychology*, 6(4), 71–74.

Tan, S. T., Mohd Sidik, S., Rampal, L., Mukhtar, F., Ibrahim, N., **Tan, K. A.**, & Ibrahim Z. (2017). What has been done to tackle overweight and obesity in Malaysia?: A literature review (2005–2015). *Pertanika Journal of Scholarly Research Reviews*, 3(2), 73–90.

2018

Fernandez, A., **Tan, K. A.**, Ruziana, M., & Riana, A. R. (2018). Extrinsic and intrinsic factors related to recovery process in people with schizophrenia. *International Journal of Psychosocial Rehabilitation*, 22(1), 114–124.

Tee, J. Y. H., Gan, W. Y., **Tan, K. A.**, & Chin, Y. S. (2018). Obesity and unhealthy lifestyle associated with poor executive function among Malaysian adolescents. *PLoS ONE*, 13(4).

**Tan, K. A.**, & Fernandez, A. (2018). Examining the reliability and factor structure of the Malay version of the Recovery Self-Assessment in a sample of individuals with schizophrenia. *Psychiatric Rehabilitation Journal*, 41(4), 336–340.

2019

Al-Oran, H. M., Lee, K., **Tan, K. A.**, & Lim, P. Y. (2019) The effectiveness of educational programs on parenting stress and coping mechanism among parents of children with autism spectrum disorder: A systematic review. *Malaysian Journal of Medicine and Health Sciences*, 15(3), 135–141.

Chong, S. C., Ibrahim, N., Ang, J. K., Masiran, R., **Tan, K. A.**, Andrew, B. N., Soh, K. Y., & Kumar, S. (2019). The role of depression, anxiety, and illness characteristics on risky sexual behaviour among people living with HIV in a Malaysian tertiary reference hospital. *Current Psychiatry Research and Reviews*, 15(4), 267–276.

Irfan, S., Zulkefly, N. S., **Tan, K. A.**, & Ismail, S. I. F. (2019). The role of negative automatic thoughts as a mediator in the relationship between maternal attachment and depressive symptoms among late adolescents of Pakistan. *Malaysian Journal of Medicine and Health Sciences*, 15(Supp 1), 21–29.

**Tan, K. A.** (2019). The effects of personal susceptibility and social support on Internet addiction: An application of Adler's theory of individual psychology. *International Journal of Mental Health and Addiction*, 17(4), 806–816.

Tan, S. T., Mohd Sidik, S., Rampal, L., Ibrahim, N., & **Tan, K. A.** (2019). Are Malaysians getting fatter and rounder?: An updated systematic review (2009–2015). *Malaysian Journal of Medicine and Health Sciences*, 15(1), 63–77.

2020

Abdul Razak, N., Mohd Shariff, Z., Mohd Nasir, M. T., Gan, W. Y., & **Tan, K. A.** (2020). Early growth and home environment are associated with cognitive development in the first year of life of Malaysian infants. *Early Human Development*, 140, 104890.

- Ching, S. M., Lee, K. W., Yee, A., Sivaratnam, D., Hoo, F. K., Wan Sulaiman, W. A., Mohamed, M. H., **Tan, K. A.**, Danaee, M., Ali, N., & Suppiah, S. (2020). The Malay version of Smartphone Addiction Scale: Development, factor structure and validation of a short form for Malaysian adolescents. *Medical Journal of Malaysia*, 75(5), 561–567.
- Ching, S. M., Yee, A., Lee, P. Y., Ramachandran, C., Shum, K. M., Ismael, N. F., Wan Sulaiman, W. A., Hoo, F. K., Lee, K. W., Danaee, M., & **Tan, K. A.** (2020). Psychometric properties of the Malay version of the Diabetes Empowerment Scale among Hospital Serdang Type 2 diabetes mellitus patients using exploratory factor analysis. *Health and Quality of Life Outcomes*, 18(23).
- Pang, N. T., Masiran, R., **Tan, K. A.**, & Kassim, A. (2020). Psychological mindedness as a mediator in the relationship between dysfunctional coping styles and depressive symptoms in caregivers of children with autism spectrum disorder. *Perspectives in Psychiatric Care*, 56(3), 649–656.
- Ragupathi, D., Ibrahim, N., **Tan, K. A.**, & Andrew, B. N. (2020). Relations of bedtime mobile phone use to cognitive functioning, academic performance, and sleep quality in undergraduate students. *International Journal of Environmental Research and Public Health*, 17(19), 7131.
- Suhaimi, A. F., Ibrahim, N., **Tan, K. A.**, Silim, U. A., Moore, G., Ryan, B., & Castle, D. J. (2020). Effectiveness of a culturally adapted biopsychosocial intervention (POHON SIHAT) in improving self-efficacy in patients with diabetes attending primary healthcare clinics in Putrajaya, Malaysia: Study protocol of a randomised controlled trial. *BMJ Open*, 10, e033920.
- Suliman, Q., Said, S. M., Zulkefli, N. A. M., Lim, P. Y., & **Tan, K. A.** (2020). A protocol on information-motivation-behavioral skills risk of intensive phase treatment interruption among pulmonary tuberculosis patients in urban districts, Selangor. *Malaysian Journal of Medicine and Health Sciences*, 16(1), 85–93.
- Wan Ismail, W. S., Sim, S. T., **Tan, K. A.**, Bahar, N., Ibrahim, N., Mahadevan, R., Nik Jaafar, N. R., Baharudin, A., & Melisa, A. A. (2020). The relations of internet and smartphone addictions to depression, anxiety, stress, and suicidality among public university students in Klang Valley, Malaysia. *Perspectives in Psychiatric Care*, 56(4), 949–955.
- Yee, A., Ong, T. A., Yeoh, W. S., Ahmad Hatim, S., Ng, C. G., & **Tan, K. A.** (2020). Factor structure, reliability, and validity of the Malay version of the Sexual Desire Inventory-2 (SDI-2-BM) in a sample of lower urinary tract symptoms (LUTS) and healthy individuals. *Malaysian Journal of Psychiatry*, 29(2).

2021

- Ding, W. E., **Tan, K. A.**, Fam, J. Y., Mukhtar, F., Lye, M. S., Awang, H., & Munawar, K. (2021). Psychometric evaluation of the Malay version of the Multidimensional Beck Youth Inventories-2 (BYI-2 Malay): Measuring self-concept, anxiety, depression, anger, and disruptive behaviour among adolescents in sheltered homes. *Pertanika Journal of Social Sciences and Humanities*, 9(1), 249–265.

- Faridah, J., Shahr, H. K., Mani, K. K., & **Tan, K. A.** (2021). A quasi-experimental trial on effectiveness of health education module (IPVP) on intimate partner violence prevention among girls at shelter homes: A study protocol. *International Journal of Educational Research Open*, 2, 100050.
- Lees, S., Sariola, S., Schmidt-Sane, M., Enria, L., **Tan, K. A.**, Aedo, A., Grietens, P. K., & Kaawa-Mafigiri, D. (2021). Social science priorities for long-term COVID-19 response. *BMJ Global Health*, 6(7), e006741.
- Ling, L. S., Nik Jaafar, N. Z., **Tan, K. A.**, Bahar, N., Baharudin, A., & Ahmad Tajjudin, A. I. (2021). Psychometric Properties of the Malay version of the Internet Gaming Disorder Scale-Short Form (IGDS9-SF-M): Evidence from a sample of Malaysian undergraduates. *International Journal of Environmental Research and Public Health*, 18(5), 2592.
- Masiran, R., Ismail, S. I. F., Ibrahim, N., **Tan, K. A.**, Andrew, B. N., Chong, S. C., & Soh, K. Y. (2021). Associations between coping styles and psychological stress among medical students at Universiti Putra Malaysia. *Current Psychology*, 40 (3), 1257–1261.
- Nik Jaafar, N. Z., Bahar, N., Ibrahim, N., Baharudin, A., Wan Ismail, W. S, Sim, S. T., Melisa, A. A., & **Tan, K. A.** (2021). Are Malaysian youths overdependent on the internet?: A narrative review. *Frontiers in Psychiatry*, 12, 710790.
- Nik Jaafar, N. Z., Baharudin, A., Ling, L. S., Amirul, M., Safarudin, D. S. S., ... & **Tan, K. A.** (2021). Factors correlated with Internet Gaming Disorder among Malaysian university students. *Malaysian Journal of Medicine and Health Sciences*, 2021, 17(2), 54–62.
- Omar, M., Zulkefli, N. A. M., Ahmad, N., **Tan, K. A.**, & Munisamy, M. (2021). Effectiveness of an independent physical activity programme in improving physical activity amongst breast and colorectal cancer survivors: Study protocol for a randomized controlled trial. *Medical Journal of Malaysia*, 76(4), 4801–487.
- Peh, K. S., **Tan, K. A.**, Ibrahim, N., & Mohd Sidik, S., (2021). Effectiveness of online mindfulness-based intervention (iMBI) on inattention, hyperactivity-impulsivity, and executive functioning in college emerging adults with attention-deficit/hyperactivity disorder: A study protocol. *International Journal of Environmental Research and Public Health*, 18(3), 1–12.
- Subhas, N., Pang, N. T. P., Chua, W. C., Kamu, A., Ho, C. M., David, I. S., Goh, W. W. L., Gunasegaran, Y. I., & **Tan, K. A.** (2021). The cross-sectional relations of COVID-19 fear and stress to psychological distress among frontline healthcare workers in Selangor, Malaysia. *International Journal of Environmental Research and Public Health*, 18(19), 10182.
- Wong, Y. S., Zulkefly, N. S., & **Tan, K. A.** (2021). Stressful life events and depressive symptoms among adolescents in Malaysia: The mediating role of maladaptive cognitive schema. *International Journal of Adolescent Medicine and Health*, 33(6), 493–500.

2022

- Muhammad Arif, M. R., Awang, H., **Tan, K. A.**, Siti Hazrah, S. D., Nathratul Ayesah, Z. (2022). The associations between sociodemographic, clinical characteristics, and psychiatric admission among psychiatric patients after acute community treatment. *Malaysian Journal of Public Health Medicine*, 22(Suppl. 2), 83.
- Sam, J. M., Ismail, S. I. F., **Tan, K. A.**, Mohd Sidik, S., & Osman, Z. J. (2022). Evaluating the change process of a brief cognitive behavior therapy workshop for psychological distress among primary care self-referrals in Selangor, Malaysia. *Frontiers in Psychiatry*, 13, 84809.
- Suhaimi, A. F., Makki, S. M., **Tan, K. A.**, Silim, U. A., & Ibrahim, N. (2022). Translation and validation of the Malay Version of the WHO-5 Well-Being Index: Reliability and validity evidence from a sample of Type 2 diabetes mellitus patients. *International Journal of Environmental Research and Public Health*, 19(7), 4415.
- Suliman, Q., Lim, P. Y., & **Tan, K. A.** (2022). Risk factors for early TB treatment interruption among newly diagnosed patients in Malaysia. *Scientific Reports*, 12(1), 1–9.
- Tan, C. E., Lau, S. C. D., **Tan, K. A.**, Latiff, Z. A., Teh, K. H., Lee, C. C., & Sidik, S. M. (2022). Development and validation of a Caregiving Knowledge Questionnaire for parents of pediatric leukemia and lymphoma patients in Malaysia. *Cureus*, 14(10).
- Tan, S. T., Mohd Sidik, S., Rampal, L., **Tan, K. A.**, & Ibrahim, Z. (2022). Development of an integrated-Weight Management Programme (i-WMP) among non-communicable disease patients. *International Journal of Public Health and Clinical Sciences*, 9(2), 21–35.
- Tan, S. T., Mohd Sidik, S., Rampal, L., **Tan, K. A.**, Ibrahim, Z., Ummu Kalsum, M., Fuziah, P., Nor Hazlin, T., Naemah, S., & Ibrahim, N. (2022). Development of an integrated-weight management programme in Malaysian government primary care clinics based on focus group discussions. *Malaysian Journal of Public Health Medicine*, 22(Suppl. 2), 18.
- Yew, S. Q., Nazan, A. I. N. B. M., & **Tan, K. A.** (2022). Study protocol of a mixed-methods study to develop and validate the Malaysian Anti-Hypertensive Agents Non-Adherence Scale in hypertensive patients. *Malaysian Journal of Medicine and Health Sciences*, 18(6), 332–339.

2023

- Lee, J. K., Osman, Z. J., Ismail, S. I. F., & **Tan, K. A.** (2023). Psychometric examination of the Malay version of the Pain Catastrophising Scale in a Malaysian chronic pain sample. *Malaysian Journal of Anaesthesiology*, 2(1), 69-81.
- Norain, M., Norliza, A., Salmiah, M. S., **Tan, K. A.**, & Rosnah, S. (in press). Effectiveness of a theory-based online animated video intervention to reduce intention and willingness to sext among diploma students: A cluster randomized controlled trial. *Journal of Medical Internet Research*.

- Norliza, A., Norain, M. Salmiah, M. S., **Tan, K. A.**, & Rosnah, S. (2023). Development of an online animated sexting prevention module based on prototype willingness model to reduce intention and willingness to sext among undergraduate students. *Medical Journal of Malaysia*, 78(5), 646–652.
- Norliza, A., Norain, M. Salmiah, M. S., **Tan, K. A.**, & Rosnah, S. (2023). Online animated video intervention effect on intention and willingness to sext among undergraduate students. *Malaysian Journal of Public Health Medicine*, 23(Suppl. 1), 107–109.
- Sam, J. M., Ismail, S. I. F., **Tan, K. A.**, Mohd Sidik, S., & Osman, Z. J. (2022). Development of brief cognitive behavioral therapy workshop study protocol for primary care attendees with common mental disorders in Selangor, Malaysia. *Jurnal Psikologi Malaysia*, 37(1), 1–11.
- Subhas, N., Ang, J. K., **Tan, K. A.**, & Aizah Ahmad, S. N. (2023). Relations between clinical characteristics and cognitive deficits among adult patients diagnosed with major depressive disorder. *International Journal of Psychiatry in Clinical Practice*, 27(3), 219–231.

## BOOKS AND CHAPTERS

- Sim, S. T., Melisa, A. A., Bahar, N., Nik Jaafar, N. Z., Ibrahim, N., Wan Ismail, W. S., Baharudin, A., **Tan, K. A.**, & Ling, L. S. (2023). Problematic internet usage among women in Malaysia. In F. Prever, G. Blycker, & L. Brandt (Eds.), *Behavioural addiction in women: An international female perspective on treatment and research* (pp. 116–120). Routledge.
- Tan, K. A.**, Keng, S. L., & Mansor, A. T. (Eds.). (2023). *Mental health issues in Southeast Asia regions: Looking back and moving forward*. Frontiers Media.

## CONFERENCE PRESENTATIONS

### *Paper/Poster Presentations*

- Mansor, A. T., & **Tan, K. A.** (2010, August). *The role of career exploration in predicting career identity of Malaysian undergraduates*. Paper session presented at the 18th Asia Pacific Psychological and Educational Counselors Association Biennial Conference, Pulau Pinang, Malaysia.
- Mansor, A. T., & **Tan, K. A.** (2011, June). *Influence of gender on career readiness among Malaysian undergraduates*. Poster session presented at the 22nd Pacific Science Congress, Kuala Lumpur, Malaysia.
- Tan, K. A.**, Ang, R. P., & Tobin, R. M. (2011, July). *Agreeableness as a moderator of the relation between surgency and adaptive skills*. Paper presented at the 6th International Conference on Child and Adolescent Psychopathology, London, United Kingdom.
- Tan, K. A.**, Zulkefly, N. S., Ibrahim, N., Mukhtar, F., & Mohd Sidik, S. (2015, October). *The addictive effects of loneliness, academic stress, and social support on medical students' Internet addiction*. Paper presented at the 4th International Society of Internet Addiction Annual Conference, Osaka, Japan.

- Abdul Razak, N., Mohd Shariff, Z., Mohd Nasir, M. T., Gan, W. Y., & **Tan, K. A.** (2016, June). *Early nutrition, growth, and cognitive development of infants from birth to 2 years: Methodology and preliminary findings at 6 months*. Paper presented at the 31st National Society of Malaysia Annual Scientific Conference, Kuala Lumpur, Malaysia.
- Kamarudin, S. A., Abdul Rahman, S., **Tan, K. A.**, Mohd Sidik, S., Ibrahim, N., & Mukhtar, F. (2016, October). *Psychopathic correlates of smartphone addiction among UPM undergraduates*. Paper presented at the 5th International Society of Internet Addiction Annual Conference, Putrajaya, Malaysia.
- Zainal Abidin, W. F., Moaganasundram, D., **Tan, K. A.**, Mohd Sidik, S., Fernandez, A., & Ibrahim, N. (2016, October). *Prevalence and psychological correlates of online gambling behavior among UPM medical undergraduates*. Paper presented at the 5th International Society of Internet Addiction Annual Conference, Putrajaya, Malaysia.
- Abdul Razak, N., Mohd Shariff, Z., Mohd Nasir, M. T., Gan, W. Y., & **Tan, K. A.** (2017, March). *Predictors of catch-up growth and risk of overweight and obesity in the first 6 months of life: Preliminary findings from a Malaysian cohort study*. Poster presented at the 4th International Conference on Nutrition and Growth, Amsterdam, the Netherlands.
- Abdul Razak, N., Mohd Shariff, Z., Mohd Nasir, M. T., Gan, W. Y., & **Tan, K. A.** (2017, May). *Factors associated with cognitive development of infants at 6 and 12 months: Preliminary findings from an infant cohort in Seremban*. Paper presented at the 1st Southeast Asia Pubic Health Nutrition Conference, Kuala Lumpur, Malaysia.
- Tee, J. Y. H., Gan W. Y., Chin, Y. S., & **Tan, K. A.** (2017, May). *Associations between BMI, meal intake, and physical activity with executive function among adolescents aged 13 to 16 years in Petaling Perdana, Selangor*. Paper presented at the 1st Southeast Asia Pubic Health Nutrition Conference, Kuala Lumpur, Malaysia.
- Tan, K. A.**, Ibrahim, N., Bahar, N., Baharudin, A., Wan Ismail, W. S., Nik Jaafar, N. R., Melisa, A. A., & Sim, S. T. (2017, July). *The dual systems model of smartphone addiction: Self-regulation as a mediator*. Paper presented at the 6th International Society of Internet Addiction Annual Conference, Bonifacio Global City, the Philippines.
- Sam, J. M., Fadhilah Ismail, S. I., Mohd Sidik, S., Osman, Z. J., & **Tan, K. A.** (2017, August). *Common mental disorder, mental health literacy, and stigma attitudes among primary care attendees in a Malaysia sub-urban community*. Paper presented at the International Conference on Social and Behavioral Sciences, Singapore.
- Tan, K. A.**, Ibrahim, N., Bahar, N., Baharudin, A., Wan Ismail, W. S., Nik Jaafar, N. R., Melisa, A. A., & Sim, S. T. (2018, June). *Social support as a moderator of the relation between loneliness and Internet addiction in Malaysian undergraduate medical students*. Poster presented at the 7th International Society of Internet Addiction Annual Conference, Taichung, Taiwan.



- Tan, K. A.** (2018, July). *#smartmediaoverdependence: The Prelude*. Paper presented at the 22nd Malaysian Conference of Psychological Medicine, Kuala Lumpur, Malaysia.
- Pheh, K. S., **Tan, K. A.**, Mohd Sidik, S., & Ibrahim, N. (2018, August). *Efficacy of online mindfulness-based intervention in reducing inattention and hyperactivity-impulsivity, and in improving executive functioning in emerging Chinese Malaysian adults with Attention Deficit/Hyperactivity Disorder*. Paper presented at the 13th International Conference on Child and Adolescent Psychopathology, Kuching, Malaysia.
- Pang, N. T., Masiran, R., **Tan, K. A.**, & Kassim Aminah. (2018, October). *Psychological mindedness as a mediator in the relationship between dysfunctional coping styles and depressive symptoms in the caregivers of children with autism spectrum disorder*. Paper presented at the 18th International Congress of Pacific Rim College of Psychiatrists, Yangon, Myanmar.
- Ibrahim, N., Alaga, A., **Tan, K. A.**, Siti Salwa, R., Baharudin, A., Melisa, A. A., Nik Jaafar, N. R., Wan Ismail, W. S., Bahar, N., & Sim, S. T. (2020, July). *Prevalence of smartphone addiction and its psychological correlates in medical students from a Malaysian private university*. Poster presented at the 9th International Society of Internet Addiction Annual Conference, Pok Fu Lam, Hong Kong.
- Ling, S. L., Nik Jaafar, N. R., Baharudin, A., **Tan, K. A.**, Bahar, N., & Ahmad Izzat, A. T. (2020, July). *Psychometric examination of the Malay version of the Internet Gaming Disorder Scale-Short Form (IGDS9-SF-M) in a sample of Malaysian undergraduates*. Poster presented at the 9th International Society of Internet Addiction Annual Conference, Pok Fu Lam, Hong Kong.
- Nik Jaafar, N. R., Baharudin, A., Ahmad Izzat, A. T., Muhammad Amirul, S. S., Don, S. S. , Tan, Y. H., Nur Hasya, A. Z., Ling, S. L., & **Tan, K. A.** (2020, July). *Factors associated with Internet Gaming Disorder among Malaysian university students*. Poster presented at the 9th International Society of Internet Addiction Annual Conference, Pok Fu Lam, Hong Kong.
- Sim, S. T., Wan Ismail, W. S., Mahadevan, R., Bahar, N., **Tan, K. A.**, Ibrahim, N. (2020, July). *Cyber-psychological correlates of depression, anxiety, stress, and suicidality among public university students in Klang Valley, Malaysia*. Paper presented at the 2nd Research and Education Center of Bridging Asian Mental Health and Psychiatry International Conference, Tainan, Taiwan.
- Wan Ismail, W. S., Sim, S. T., **Tan, K. A.**, Bahar, N., Nik Jaafar, N. R., Ibrahim, N., Baharudin, A., & Melisa, A. A. (2020, July). *The relations of psychological distress and suicidality to internet and smartphone addictions in Malaysian undergraduates*. Paper presented at the 9th International Society of Internet Addiction Annual Conference, Pok Fu Lam, Hong Kong.
- Baharuddin, A. N. A. P., Nik Jaafar, N. R., **Tan, K. A.**, Dahlan, R. Baharudin, A, Ibrahim, N., Mohamad Kamal, N. A., & Woon, L. S.-C. (2021, November). *The top challenges among adolescents in Malaysia: A systematic review*. Paper presented at the Annual Malaysian Psychiatric Association Meeting, Petaling Jaya, Malaysia.

Muhammad Arif, M. R., Awang, H., **Tan, K. A.**, Siti Hazrah, S. D., Nathratul Ayesah, Z. (2022, September). *The associations between sociodemographic, clinical characteristics, and psychiatric admission among psychiatric patients after acute community treatment*. Poster presented at the 5th USIM International Health Conference.

Tan, S. T., Mohd Sidik, S., Rampal, L., **Tan, K. A.**, Ibrahim, Z., Ummu Kalsum, M., Fuziah, P., Nor Hazlin, T., Naemah, S., & Ibrahim, N. (2022, September). *Development of an integrated-weight management programme in Malaysian government primary care clinics based on focus group discussions*. Paper presented at the 5th USIM International Health Conference.

Norliza, A., Norain, M. Salmiah, M. S., **Tan, K. A.**, & Rosnah, S. (2023, July). *Online animated video intervention effect on intention and willingness to sext among undergraduate students*. Paper presented at the 11th National Public Health Conference and the 1st Global Public Health Conference. *[Best Oral Presentation]*

#### *Colloquia/Invited Talks*

**Tan, K. A.** (2014, September). *A multitrait-multimethod analysis of the Behavior Assessment System for Children-2's Scales—Externalizing Problems and Adaptive Skills*. Public Opinion Research Laboratory, Shanghai Jiatong University.

**Tan, K. A.** (2015, August). *American Psychological Association (APA) Citation and Format Style*. Faculty Excellence Month 2015, Universiti Putra Malaysia.

**Tan, K. A.** (2015, September). *Psychopathic correlates of smartphone addiction: A demonstration of structural equation modeling with AMOS*. Public Opinion Research Laboratory, Shanghai Jiatong University.

#### *Exhibitions*

Mansor, A. T., & **Tan, K. A.** (2008, July). *The relationships between ecological Contexts, job stress, and job satisfaction among engineers in Pulau Pinang*. Poster session presented at the Exhibition of Invention, Research, and Innovation, Universiti Putra Malaysia, Selangor. *[Gold Medal]*

Mansor, A. T., & **Tan, K. A.** (2010, July). *Influence of gender on career readiness among Malaysian undergraduates*. Poster session presented at the Exhibition of Invention, Research, and Innovation, Universiti Putra Malaysia, Selangor. *[Bronze Medal]*

Ang, R. P., **Tan, K. A.**, & Mansor, A. T. (2012, July). *Narcissistic exploitativeness and cyberbullying: Approval-of-aggression beliefs as a mediator*. Poster session presented at the Exhibition of Invention, Research, and Innovation, Universiti Putra Malaysia, Selangor. *[Bronze Medal]*

#### **GRANTS/FUNDING**

Career Readiness of Malaysian Undergraduates (*Research Assistant*) – Research University Grant Scheme: Funded by the Universiti Putra Malaysia (2007–2008)

Epidemiology of Suicide: A Psychological Autopsy Study (*Research Coordinator*) – Funded by the National Suicide Registry Malaysia (2008–2009)

Cyberbullying and Cybervictimization among Adolescents in Singapore and Malaysia: The Role of Approval-of-Aggression Beliefs, Empathy, Aggression, and Narcissism (*Co-Investigator*) – Funded by the Southeast Asian Studies Research Exchange Programme (2008–2009)

Associations between Anxiety, Parenting Style, and Quality of Life among Children with Cancer in Malaysia (*Co-Investigator*) – Putra Grant IBT: Funded by the Universiti Putra Malaysia (ongoing)

Identifying Factors towards a New Integrated Obesity Reduction Program in Malaysian Government Primary Care Clinics (*Co-Investigator*) – Fundamental Research Grant Scheme: Funded by the Ministry of Education (ongoing)

Development of a Cognitive Vulnerabilities Model for Psychological Problems in Adolescents: Attachment and Negative Life Events as Predisposing Factors (*Co-Investigator*) – Fundamental Research Grant Scheme: Funded by the Ministry of Education (ongoing)

Validating a Psychopathic Measure of Violent Extremism in a Sample of Malaysian Youths (*Principal Investigator*) – Funded by IMAN Research (ongoing)

Research for Youths: Developing a Measure of Youth Well-Being for Use in Malaysian Adolescents (*Principal Investigator*) – Funded by Child-line Foundation and IMAN Research (ongoing)

Evaluating a Violent Extremism Prevention Training Workshop for Trainee Teachers (*Principal Investigator*) – Funded by Ministry of Education and IMAN Research (ongoing)

## TEACHING

*UAPG 2023 Statistical Techniques for Behavioral Science II*                      Fall 2007  
Universiti Tunku Abdul Rahman  
Instructor: Tam, C. L.

*HP 101/1000 Introduction to Psychology*    Fall 2011  
Nanyang Technological University  
Instructor: Qiu, L.  
Summary student ratings for overall teaching effectiveness (4.2 out of 5.0)

*PSY 5000 Basic Psychiatry*†    Summer 2013–present  
Universiti Putra Malaysia  
Summary student ratings for overall teaching effectiveness (4.6 out of 5.0)

*PSY 5001 Basic Medical Sciences*†    Summer 2013–present  
Universiti Putra Malaysia  
Summary student ratings for overall teaching effectiveness (4.6 out of 5.0)

*SPP 3131 Behavioral Sciences*<sup>†</sup> Summer 2014–present  
Universiti Putra Malaysia  
Summary student ratings for overall teaching effectiveness (4.7 out of 5.0)

*SKJ 3307 Behavioral Sciences*<sup>†</sup> Fall 2015–present  
Universiti Putra Malaysia  
Summary student ratings for overall teaching effectiveness (4.8 out of 5.0)

*SPH 6101 Applied Medical Statistics for Public Health Research*<sup>†</sup> Fall 2015–present  
Universiti Putra Malaysia  
Summary student ratings for overall teaching effectiveness (4.7 out of 5.0)

*SPH 6102 Advanced Quantitative Research*<sup>†</sup> Fall 2017–present  
Universiti Putra Malaysia  
Summary student ratings for overall teaching effectiveness (4.7 out of 5.0)

*SBP3014 Behavioral Sciences*<sup>†</sup> Summer 2022–present  
Universiti Putra Malaysia  
Summary student ratings for overall teaching effectiveness (4.7 out of 5.0)

<sup>†</sup> co-teaching

## **SUPERVISION**

### *Undergraduate Research Project Supervision*

2014: Mohd Arif Kor, M. S.

Tukiman, N. M.

Che Ahmad Kamily, N. A.

2015: Kamarudin, S. A.

Abdul Rahman, S.

2016: Zainal Abidin, W. F.

Moaganasundram, D.

### *Master's Students (as co-supervisor)*

2017: Soh, K. Y. (*MMed in psychiatry*)

Subhas, N. (*MMed in psychiatry*)

2018: Tee, J. (*MSc in community nutrition*)

Alaga, A. (*MMed in psychiatry*)

Pang, N. T. (*MMed in psychiatry*)

Koh, B. Y. (*MMed in psychiatry*)

Muhamad Rasat, M. A. (*MMed in psychiatry*)

### *Current Master's Students (as co-supervisor)*

2014: Ng, S. (*MSc in psychological medicine*)

2015: Ng, C. K. (*MMed in psychiatry*)

David, I. (*MMed in psychiatry*)

2017: Wong, Y. (*MSc in psychological medicine*)  
Ragupathi, D. (*MSc in psychological medicine*)  
Su, M. C. (*MSc in psychological medicine*)  
Zarifah, A. (*MSc in psychological medicine*)

*Current PhD Students (as co-supervisor)*

2015: Tan, S. T. (*PhD in public health*)  
Abdul Razak, N. (*PhD in community nutrition*)  
Sam, J. M. (*PhD in psychological medicine*)  
2016: Irfan, S. (*PhD in psychological medicine*)  
2017: Chandran, R. K. (*PhD in psychological medicine*)  
2018: Suhaimi, A. F. (*PhD in psychological medicine*)  
Al-Oran, H. M. (*PhD in nursing*)  
Suliman, Q. (*DrPH*)  
2019: Omar, M. (*DrPH*)  
Jafri, F. (*DrPH*)  
Yew, S. Q. (*PhD in public health*)

*Current PhD Students (as main supervisor)*

2017: Pheh, K. S. (*PhD in psychological medicine*)

## **EDITORIAL AND CONSULTING ACTIVITIES**

Lead Guest editor for

*Malaysian Journal of Medicine and Health Sciences*  
*Frontiers in Public Health/Psychiatry/Sociology*

Reviewer editor for

*Frontiers in Child and Adolescent Psychiatry*

Periodic reviewer for

*Asian Journal of Psychiatry*  
*Asian Women*  
*Behaviour & Information Technology*  
*BMC Supplements*  
*BMJ Open*  
*Child Psychiatry and Human Development*  
*Comprehensive Psychiatry*  
*Frontiers in Child and Adolescent Psychiatry*  
*Frontiers in Psychiatry*  
*International Quarterly of Community Health Education*  
*International Social Science Journal*  
*Malaysian Journal of Medicine and Health Sciences*  
*Medical Education Online*  
*Medicina*  
*PeerJ*  
*Personality and Individual Differences*  
*Perspectives in Psychiatry Care*  
*Psychiatry Research*  
*Psychological Reports*

**THESIS EXAMINING EXPERIENCE**

2016: External PhD examiner for Yusof, N. M. of James Cook University

2019: External master's examiner for Lee, L. L. of and for Farid, A. A. of Cyberjaya  
University College of Medical Sciences

2021: Internal master's examiner for Lua, Y. H of Universiti Putra Malaysia

2022: Internal master's examiner for Tan, K. P. of Universiti Putra Malaysia

2023: Internal master's examiner for Teo, P. Y. of Universiti Putra Malaysia

**MEDIA COVERAGE**

*Interviews*

Astro AWANI

Malay Mail online

Malaysian Digest

The Star

Yahoo News Singapore

**LEADERSHIP IN ASSOCIATIONS**

Member, *Golden Key International Honour Society*, 2005–present

Vice President (External), *Golden Key Universiti Putra Malaysia Chapter*, 2006–2007

Deputy Secretary, *Malaysian Society of Behavioral Medicine*, 2014–present

Member, *American Psychological Association (membership #: 0139-2957)*, 2015–present

Founding Member and Secretary, *Malaysian Society of Internet Addiction Prevention*, 2017–  
present

Working Group Member, *COVID-19 Clinical Research Coalition*, 2020–present

Secretary, *Malaysian Educational and Psychological Wellbeing Society*, 2021–present